

Professional Development Workshop Booklet

Empowered EDUCATORS

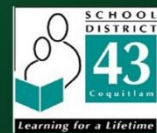
Compassion ♥ Care I  Curiosity



February 28, 2025
Riverside Secondary



Professional Development Day
for Coquitlam Teachers



Click below for:

Day's Schedule

**Important
Information**

We acknowledge that the Coquitlam Teachers' Association operates on the traditional ancestral and unceded territory of the k^wik^wəłəm (Kwkwetlem First Nation). We thank the k^wik^wəłəm who continue to live on these lands and care for them, along with the waters and all that is above and below.

- Day's Schedule -

8:30 a.m.

Morning Coffee – Publishers - Vendors

9:00 a.m.

Session A or Session C (First Half)

10:30 a.m.

Break

11:00 a.m.

Welcome - Opening Remarks - Keynote Speaker

12:15 p.m.

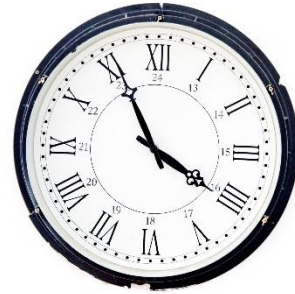
Break

1:00 p.m.

Session B or Session C (Second Half)

2:30/45 p.m.

Session D: Local Bargaining Information (optional)
Collegial Conversations



*** Locations * and * Schedules * may vary -
please check your information carefully**

Coffee/Tea sponsored by



COQUITLAM
CONTINUING
EDUCATION



Coffee and tea will be provided at
Riverside Secondary- *Please bring your own lunch*

We suggest bringing your own water bottle and a
mug to cut down on waste and make refills easier



- Workshops by Grade Level -

Levels as identified by workshop facilitators/presenters

Not Grade Specific

- KEYNOTE: A- Courageous Compassion: Practicing It, Modelling It
- KEYNOTE: B- Courageous Compassion: Practicing It, Modelling It
- A- AI Infused Reading Coach
- A- ARC-BC, Accessibility and AI
- A- Bringing Fibre Arts Into Your Classroom
- A- Building a Sense of Community--Ideas to Promote Positive Learning Environments
- A- Discovering Our Native, Wild and Medicinal Plants
- A- How Indigeneity and SOGI Intersect: Understanding Indigiqueer
- A- Kwikwetlem Meet and Greet
- A- Literacy Digitally: Podcasting With Audacity
- A- Literary Salon: The Art of Intentional Conversation
- A- Mindful Movement for Stress Reduction
- A- NESTS For Educators: Holistic Support for Teachers In And Out Of the Classroom
- A- The Neuroscience of Self-Care and Why It Matters
- A- Soapstone Carving
- A- Strategies to Teach Friendship Skills for Students with ASD
- A- Taking Care of Your Voice: Vocal Hygiene for Teachers
- A- Tropical Terrarium
- B- ADHD Educator Sharing and Support Session
- B- Bringing Fibre Arts Into Your Classroom
- B- Bringing the Northern Spotted Owl Conservation Story to the Classroom
- B- Comment faire aimer le français à l'aide d'un bilinguisme positif ?
- B- Copilot: AI At Your Fingertips
- B- Counselling in the School Setting
- B- Escaping the Settler (only) Perspective
- B- How Indigeneity and SOGI Intersect: Understanding Indigiqueer
- B- How to Say 'No'
- B- Kwikwetlem Meet and Greet

CANCELLED




- B- Plant Walk
- B- Play Together: Omnikin Inclusive Game Concepts for Everyone
- B- Soapstone Carving
- B- Tropical Terrarium
- B- Using Canva for Education in the Classroom
- B- 'Yes, And...!' Using Improv to Build Inclusivity
- B- The Young Performers Workshop Active, Positive, Educational, Insightful... Fun
- C- Disability and Neurodiversity Awareness
- C- Positive Behaviour Support Intervention Plans
- C- Teaching regulation and grounding in the classroom: Hands on activities to support mental health and wellbeing
- C- Understanding Youth Mental Health Challenges

Kindergarten

- A- 8 Useful Things to Know About Trauma and Learning
- A- Basic Bees
- A- Bringing Sand Tray to the School Counsellor's Office
- A- CUE43 Show and Tell
- A- Inclusive Language and Interactions
- A- The Inclusive Outdoor Classroom
- A- Physical Literacy in Grades K-5
- A- Printing Like a Pro! and Fine Motor in the Classroom
- A- Quoi faire de l'anglais? Trouver l'équilibre entre la policière et le laisser-faire en immersion française
- A- Seesaw: Enhancing Compassion, Caring, and Curiosity in Education
- B- 8 Useful Things to Know About Trauma and Learning
- B- Basic Bees
- B- Circles of Support
- B- CUE43 Show and Tell
- B- Functional Skills for Individuals with Autism & Other Developmental Disabilities
- B- Harvesting Knowledge: Engaging Your Students with Local Food and Agriculture
- B- L'utilisation de jeux coopératifs pour stimuler la communication orale et développer les compétences linguistiques des étudiants FRIM // Using cooperative games to stimulate oral communication and develop language skills in FRIM students



- B- Math Assessment Options and Updates for Elementary and Middle
- B- Screenagers: Growing Up in a Digital Age, Elementary School Edition (K-7)
- B- Understanding Racism and Implementation of Anti-racism Education
- C- Stories to Songs in Classrooms


Primary

- A- 8 Useful Things to Know About Trauma and Learning 
- A- Acting All the Way Through The Song
- A- Basic Bees
- A- Bridging the Gap: Cognitive and Neuroscience Tools to Navigate Conflict
- A- Bringing Sand Tray to the School Counsellor's Office
- A- Comment développer des lecteurs efficaces et réfléchis en FRIM? // Developing effective and reflective readers
- A- CUE43 Show and Tell
- A- Explore Your Creativity with Water-Based Media!
- A- Gifted Identification/ CCAT Training for LSTs
- A- Inclusive Language and Interactions
- A- The Inclusive Outdoor Classroom
- A- A New and Expanded Pacific NW Coast Experience in Minecraft EDU 
- A- Physical Literacy in Grades K-5
- A- Printing Like a Pro! and Fine Motor in the Classroom
- A- Quoi faire de l'anglais? Trouver l'équilibre entre la policière et le laisser-faire en immersion française
- A- Seesaw: Enhancing Compassion, Caring, and Curiosity in Education
- A- Yoga Tools for Teachers
- B- 8 Useful Things to Know About Trauma and Learning
- B- Backstage Basics: Tech Overview at River's Edge Theatre
- B- Basic Bees
- B- Circles of Support
- B- CUE43 Show and Tell 
- B- Digital Classroom – Elementary Focus K-8
- B- Digital Literacy and AI
- B- Elevated Engineering: Challenges to support Student Resilience
- B- Functional Skills for Individuals with Autism & Other Developmental Disabilities

- B- Harvesting Knowledge: Engaging Your Students with Local Food and Agriculture
- B- L'utilisation de jeux coopératifs pour stimuler la communication orale et développer les compétences linguistiques des étudiants FRIM // Using cooperative games to stimulate oral communication and develop language skills in FRIM students
- B- Math Assessment Options and Updates for Elementary and Middle
- B- A New and Expanded Pacific NW Coast Experience in Minecraft EDU
- B- Screenagers: Growing Up in a Digital Age, Elementary School Edition (K-7)
- B- Understanding Racism and Implementation of Anti-racism Education
- C- Crochet for Beginners
- C- Engaging All Learners in the Learning Library Commons
- C- Stories to Songs in Classrooms




Intermediate

- A- 8 Useful Things to Know About Trauma and Learning 
- A- Acting All the Way Through The Song
- A- AI for Educators: An Introduction to AI and Use Cases for Teachers
- A- Basic Bees
- A- Beavers Are Eco-Heroes! Reimagining Science and STEM Using Humane Education
- A- Bridging the Gap: Cognitive and Neuroscience Tools to Navigate Conflict
- A- Bringing Sand Tray to the School Counsellor's Office
- A- Canadian Geographic Indigenous Peoples Floor Map of Canada
- A- Comment développer des lecteurs efficaces et réfléchis en FRIM? // Developing effective and reflective readers
- A- CUE43 Show and Tell
- A- Explore Your Creativity with Water-Based Media!
- A- FASD and Trauma-Informed Learning Environments: Safety, Co-Regulation, and Learning
- A- Gaming and Social Media Awareness for Educators
- A- Gifted Identification/ CCAT Training for LSTs
- A- Inclusive Language and Interactions
- A- The Inclusive Outdoor Classroom
- A- Literacy Digitally: Podcasting With Audacity
- A- Main Idea for Readers and Writers
- A- Multiplication and Division: Supports and Practice to Engage All Learners
- A- A New and Expanded Pacific NW Coast Experience in Minecraft EDU 
- A- Physical Literacy in Grades K-5




- A- Promoting Empathy and Acceptance in Middle Years Classrooms With SOGI Practices
- A- Quoi faire de l'anglais? Trouver l'équilibre entre la policière et le laisser-faire en immersion française
- A- Screenagers: Under The Influence
- A- Seesaw: Enhancing Compassion, Caring, and Curiosity in Education
- A- Social Justice Through the Arts
- A- Supporting SEL and Building Student Confidence in Mathematics
- B- 8 Useful Things to Know About Trauma and Learning
- B- AI for Educators: An Introduction to AI and Use Cases for Teachers
- B- Backstage Basics: Tech Overview at River's Edge Theatre
- B- Basic Bees
- B- Beavers Are Eco-Heroes! Reimagining Science and STEM Using Humane Education
- B- Canadian Geographic Indigenous Peoples Floor Map of Canada
- B- Circles of Support
- B- CUE43 Show and Tell 
- B- Digital Classroom – Elementary Focus K-8
- B- Digital Literacy and AI
- B- Elevated Engineering: Challenges to support Student Resilience
- B- Empowering Readers: Navigating the Sora Reading App
- B- FASD and Trauma-Informed Learning Environments: Safety, Co-Regulation, and Learning
- B- Functional Skills for Individuals with Autism & Other Developmental Disabilities
- B- Harvesting Knowledge: Engaging Your Students with Local Food and Agriculture
- B- L'utilisation de jeux coopératifs pour stimuler la communication orale et développer les compétences linguistiques des étudiants FRIM // Using cooperative games to stimulate oral communication and develop language skills in FRIM students
- B- Math Assessment Options and Updates for Elementary and Middle
- B- A New and Expanded Pacific NW Coast Experience in Minecraft EDU
- B- Promoting Empathy and Acceptance in Middle Years Classrooms With SOGI Practices 
- B- Rethinking Shakespeare
- B- Screenagers: Growing Up in a Digital Age, Elementary School Edition (K-7)
- B- Shift Happens! Exploring Sustainability in Class & Beyond
- B- Social Justice Through the Arts
- B- Supporting SEL and Building Student Confidence in Mathematics 
- B- Understanding Racism and Implementation of Anti-racism Education
- B- Vocabulary Games for Every Subject: Hands-On with Knoword

- C- 3D Printing, From Design to Fabrication
- C- Contextualizing Math in the Middle Years
- C- Crochet for Beginners
- C- Engaging All Learners in the Learning Library Commons
- C- Olde Timey Newspapers
- C- Stories to Songs in Classrooms
- C- Ukrainian Eggs


Middle

- A- 8 Useful Things to Know About Trauma and Learning 
- A- Acting All the Way Through The Song
- A- AI for Educators: An Introduction to AI and Use Cases for Teachers
- A- Basic Bees
- A- Bridging the Gap: Cognitive and Neuroscience Tools to Navigate Conflict
- A- Bringing Sand Tray to the School Counsellor's Office
- A- Canadian Geographic Indigenous Peoples Floor Map of Canada
- A- Comment développer des lecteurs efficaces et réfléchis en FRIM? // Developing effective and reflective readers
- A- CUE43 Show and Tell
- A- Digital Classroom – Secondary Focus 8-12
- A- Dungeons and Deskmates: Interactive Storytelling in Class 
- A- Enhancing Assignments and Group Projects With Teams
- A- Explore Your Creativity with Water-Based Media!
- A- FASD and Trauma-Informed Learning Environments: Safety, Co-Regulation, and Learning
- A- From Burnout to Balance: Navigating Fatigue and Fostering a Positive Culture
- A- Gaming and Social Media Awareness for Educators
- A- Gifted Identification/ CCAT Training for LSTs
- A- How to Zine
- A- Inclusive Language and Interactions
- A- Literacy Digitally: Podcasting With Audacity
- A- Main Idea for Readers and Writers
- A- Multiplication and Division: Supports and Practice to Engage All Learners
- A- A New and Expanded Pacific NW Coast Experience in Minecraft EDU 
- A- Promoting Empathy and Acceptance in Middle Years Classrooms With SOGI Practices

- A- Quoi faire de l'anglais? Trouver l'équilibre entre la policière et le laisser-faire en immersion française
- A- Screenagers: Under The Influence
- A- Simulation Based Education in Social Studies
- A- Social Justice Through the Arts
- A- Streamline Reporting with Office 365 Tools
- A- Supporting (Mental) Health for You and Your Students Using Indigenous Methods
- A- Supporting SEL and Building Student Confidence in Mathematics
- A- What High School and Middle School Students Need to Know About Climate Change
- B- 8 Useful Things to Know About Trauma and Learning
- B- AI for Educators: An Introduction to AI and Use Cases for Teachers
- B- Backstage Basics: Tech Overview at River's Edge Theatre
- B- Basic Bees
- B- Becoming Agents of Change through Critical Thinking: Insights from Freirean Conscientização and Pedagogy of the Oppressed
- B- Canadian Geographic Indigenous Peoples Floor Map of Canada
- B- Circles of Support
- B- CMTA Middle and Secondary Share
- B- CUE43 Show and Tell
- B- Digital Classroom – Elementary Focus K-8
- B- Digital Literacy and AI
- B- Dungeons and Deskmates: Interactive Storytelling in Class
- B- Elevated Engineering: Challenges to support Student Resilience
- B- Empowering Readers: Navigating the Sora Reading App
- B- FASD and Trauma-Informed Learning Environments: Safety, Co-Regulation, and Learning
- B- From Burnout to Balance: Navigating Fatigue and Fostering a Positive Culture
- B- Functional Skills for Individuals with Autism & Other Developmental Disabilities
- B- Harvesting Knowledge: Engaging Your Students with Local Food and Agriculture
- B- L'utilisation de jeux coopératifs pour stimuler la communication orale et développer les compétences linguistiques des étudiants FRIM // Using cooperative games to stimulate oral communication and develop language skills in FRIM students
- B- Math Assessment Options and Updates for Elementary and Middle
- B- A New and Expanded Pacific NW Coast Experience in Minecraft EDU
- B- Promoting Empathy and Acceptance in Middle Years Classrooms With SOGI Practices
- B- Rethinking Shakespeare
- B- Screenagers: Growing Up in a Digital Age, Elementary School Edition (K-7)

- B- Sharing Session to Exchange Ways to Support Striving Readers in Middle School
- B- Shift Happens! Exploring Sustainability in Class & Beyond
- B- Silk Screening
- B- Simulation Based Education in Social Studies 
- B- Social Justice Through the Arts
- B- Streamline Reporting with Office 365 Tools 
- B- Supporting (Mental) Health for You and Your Students Using Indigenous Methods
- B- Supporting SEL and Building Student Confidence in Mathematics 
- B- Understanding Racism and Implementation of Anti-racism Education
- B- Vocabulary Games for Every Subject: Hands-On with Knoword
- B- We Are Not Alone – How Can We Use Collaborative Planning to Empower Ourselves and Our Colleagues
- B- What High School and Middle School Students Need to Know About Climate Change
- C- 3D Printing, From Design to Fabrication
- C- Contextualizing Math in the Middle Years
- C- Crochet for Beginners
- C- Engaging All Learners in the Learning Library Commons
- C- Olde Timey Newspapers
- C- Stories to Songs in Classrooms
- C- Tech Ed Share
- C- Ukrainian Eggs

Secondary

- A- 8 Useful Things to Know About Trauma and Learning 
- A- Acting All the Way Through The Song
- A- AI for Educators: An Introduction to AI and Use Cases for Teachers
- A- Basic Bees
- A- Bridging the Gap: Cognitive and Neuroscience Tools to Navigate Conflict
- A- Bringing Sand Tray to the School Counsellor's Office
- A- Canadian Geographic Indigenous Peoples Floor Map of Canada
- A- CUE43 Show and Tell
- A- Digital Classroom – Secondary Focus 8-12
- A- Enhancing Assignments and Group Projects With Teams
- A- Explore Your Creativity with Water-Based Media!
- A- FASD and Trauma-Informed Learning Environments: Safety, Co-Regulation, and Learning

- A- From Burnout to Balance: Navigating Fatigue and Fostering a Positive Culture
- A- How to Zine
- A- Inclusive Language and Interactions
- A- Literacy Digitally: Podcasting With Audacity
- A- Practical Philosophy of Assessment
- A- Promoting Empathy and Acceptance in Middle Years Classrooms With SOGI Practices
- A- Quoi faire de l'anglais? Trouver l'équilibre entre la policière et le laisser-faire en immersion française
- A- Rethinking the Cumulative Gradebook: Redesigning Assessment for 2025
- A- Screenagers: Under The Influence
- A- Simulation Based Education in Social Studies
- A- Social Justice Through the Arts
- A- Streamline Reporting with Office 365 Tools
- A- Supporting (Mental) Health for You and Your Students Using Indigenous Methods
- A- Supporting SEL and Building Student Confidence in Mathematics
- A- Tropical Terrarium
- A- Using Projects to Assess Curricular Competencies in Science Courses
- A- What High School and Middle School Students Need to Know About Climate Change
- B- 8 Useful Things to Know About Trauma and Learning
- B- AI for Educators: An Introduction to AI and Use Cases for Teachers
- B- Backstage Basics: Tech Overview at River's Edge Theatre
- B- Basic Bees
- B- Becoming Agents of Change through Critical Thinking: Insights from Freirean Conscientização and Pedagogy of the Oppressed
- B- Canadian Geographic Indigenous Peoples Floor Map of Canada
- B- Circles of Support
- B- CMTA Middle and Secondary Share
- B- CPABC Financial Literacy for Schools
- B- CUE43 Show and Tell
- B- Digital Literacy and AI
- B- Empowering Readers: Navigating the Sora Reading App
- B- FASD and Trauma-Informed Learning Environments: Safety, Co-Regulation, and Learning
- B- From Burnout to Balance: Navigating Fatigue and Fostering a Positive Culture
- B- Promoting Empathy and Acceptance in Middle Years Classrooms With SOGI Practices
- B- Rethinking Shakespeare



- B- Shift Happens! Exploring Sustainability in Class & Beyond
- B- Silk Screening
- B- Simulation Based Education in Social Studies
- B- Social Justice Through the Arts
- B- Streamline Reporting with Office 365 Tools
- B- Supporting (Mental) Health for You and Your Students Using Indigenous Methods
- B- Supporting SEL and Building Student Confidence in Mathematics
- B- Tropical Terrarium
- B- Understanding Racism and Implementation of Anti-racism Education
- B- Vocabulary Games for Every Subject: Hands-On with Knoword
- B- What High School and Middle School Students Need to Know About Climate Change
- C- 3D Printing, From Design to Fabrication
- C- Crochet for Beginners
- C- Engaging All Learners in the Learning Library Commons
- C- Olde Timey Newspapers
- C- Resources and Best Practices for Automotive Technology Training
- C- Stories to Songs in Classrooms
- C- Tech Ed Share

Adult

- A- Acting All the Way Through The Song
- A- AI for Educators: An Introduction to AI and Use Cases for Teachers
- A- Bridging the Gap: Cognitive and Neuroscience Tools to Navigate Conflict
- A- Enhancing Assignments and Group Projects With Teams
- A- Explore Your Creativity with Water-Based Media!
- A- FASD and Trauma-Informed Learning Environments: Safety, Co-Regulation, and Learning
- A- Literacy Digitally: Podcasting With Audacity
- A- Needle Felting Workshop
- A- Streamline Reporting with Office 365 Tools
- A- Supporting (Mental) Health for You and Your Students Using Indigenous Methods
- A- Tropical Terrarium
- A- What High School and Middle School Students Need to Know About Climate Change
- B- AI for Educators: An Introduction to AI and Use Cases for Teachers
- B- Becoming Agents of Change through Critical Thinking: Insights from Freirean Conscientização and Pedagogy of the Oppressed

- B- FASD and Trauma-Informed Learning Environments: Safety, Co-Regulation, and Learning
- B- Rethinking Shakespeare
- B- Silk Screening
- B- Streamline Reporting with Office 365 Tools
- B- Supporting (Mental) Health for You and Your Students Using Indigenous Methods
- B- Tropical Terrarium
- B- What High School and Middle School Students Need to Know About Climate Change
- C- Crochet for Beginners
- C- Engaging All Learners in the Learning Library Commons
- C- Olde Timey Newspapers
- C- Resources and Best Practices for Automotive Technology Training





Teachers

- D- Local Bargaining Information Session (CTA & SD43)

- Workshops by Subject -

Subjects as identified by workshop facilitators/presenters

- Cross-Curricular (i.e. All/General Subjects)
- KEYNOTE: A- Courageous Compassion: Practicing It, Modelling It
- KEYNOTE: B- Courageous Compassion: Practicing It, Modelling It
- A- Beavers Are Eco-Heroes! Reimagining Science and STEM Using Humane Education
- A- Building a Sense of Community--Ideas to Promote Positive Learning Environments
- A- CUE43 Show and Tell
- A- Digital Classroom – Secondary Focus 8-12
- A- Dungeons and Deskmates: Interactive Storytelling in Class 
- A- Enhancing Assignments and Group Projects With Teams
- A- Literacy Digitally: Podcasting With Audacity
- A- NESTS For Educators: Holistic Support for Teachers In And Out Of the Classroom
- A- Printing Like a Pro! and Fine Motor in the Classroom
- A- Rethinking the Cumulative Gradebook: Redesigning Assessment for 2025
- A- Screenagers: Under The Influence
- A- Seesaw: Enhancing Compassion, Caring, and Curiosity in Education
- A- Strategies to Teach Friendship Skills for Students with ASD
- B- Beavers Are Eco-Heroes! Reimagining Science and STEM Using Humane Education
- B- CUE43 Show and Tell 
- B- Digital Classroom – Elementary Focus K-8
- B- Dungeons and Deskmates: Interactive Storytelling in Class
- B- Escaping the Settler (only) Perspective
- B- Screenagers: Growing Up in a Digital Age, Elementary School Edition (K-7)
- B- Using Canva for Education in the Classroom
- C- Olde Timey Newspapers

CTA Members

- D- Local Bargaining Information Session (CTA & SD43)

Applied Design, Skills & Technologies (ADST)

- [A- Soapstone Carving](#)
- [A- Social Justice Through the Arts](#)
- [B- Elevated Engineering: Challenges to support Student Resilience](#)
- [B- Silk Screening](#)
- [B- Soapstone Carving](#)
- [B- Social Justice Through the Arts](#)

Artificial Intelligence

- [A- AI for Educators: An Introduction to AI and Use Cases for Teachers](#)
- [A- AI Infused Reading Coach](#)
- [A- ARC-BC, Accessibility and AI](#)
- [B- AI for Educators: An Introduction to AI and Use Cases for Teachers](#)
- [B- Copilot: AI At Your Fingertips](#)
- [B- Digital Literacy and AI](#)

Arts (Visual & Performing)

- [A- Acting All the Way Through The Song](#)
- [A- Bringing Fibre Arts Into Your Classroom](#)
- [A- Discovering Our Native, Wild and Medicinal Plants](#)
- [A- Explore Your Creativity with Water-Based Media!](#)
- [A- Mindful Movement for Stress Reduction](#)
- [A- Needle Felting Workshop](#)
- [A- Soapstone Carving](#)
- [A- Social Justice Through the Arts](#)
- [A- Taking Care of Your Voice: Vocal Hygiene for Teachers](#)
- [B- Backstage Basics: Tech Overview at River's Edge Theatre](#)
- [B- Bringing Fibre Arts Into Your Classroom](#)
- [B- Silk Screening](#)
- [B- Soapstone Carving](#)
- [B- Social Justice Through the Arts](#)
- [B- The Young Performers Workshop Active, Positive, Educational, Insightful... Fun](#)
- [C- Crochet for Beginners](#)
- [C- Stories to Songs in Classrooms](#)
- [C- Ukrainian Eggs](#)

Assessment

- A- Practical Philosophy of Assessment
- A- Rethinking the Cumulative Gradebook: Redesigning Assessment for 2025
- A- Using Projects to Assess Curricular Competencies in Science Courses
- B- Functional Skills for Individuals with Autism & Other Developmental Disabilities
- B- Math Assessment Options and Updates for Elementary and Middle
- C- Contextualizing Math in the Middle Years

Communication Skills

- A- Literacy Digitally: Podcasting With Audacity
- A- NESTS For Educators: Holistic Support for Teachers In And Out Of the Classroom
- A- Strategies to Teach Friendship Skills for Students with ASD
- C- Disability and Neurodiversity Awareness

Core Competencies

- A- Printing Like a Pro! and Fine Motor in the Classroom
- A- Screenagers: Under The Influence
- A- Supporting (Mental) Health for You and Your Students Using Indigenous Methods
- B- CPABC Financial Literacy for Schools
- B- Screenagers: Growing Up in a Digital Age, Elementary School Edition (K-7)
- B- Supporting (Mental) Health for You and Your Students Using Indigenous Methods

CANCELLED

Counselling

- A- Bringing Sand Tray to the School Counsellor's Office
- A- NESTS For Educators: Holistic Support for Teachers In And Out Of the Classroom
- B- Circles of Support
- B- Counselling in the School Setting

Economics

- B- CPABC Financial Literacy for Schools

ELL

- A- How to Zine
- B- Empowering Readers: Navigating the Sora Reading App
- C- Engaging All Learners in the Learning Library Commons

English Language Arts

- A- Dungeons and Deskmates: Interactive Storytelling in Class
- A- How to Zine
- A- Main Idea for Readers and Writers
- A- Practical Philosophy of Assessment
- B- Dungeons and Deskmates: Interactive Storytelling in Class
- B- Rethinking Shakespeare



French Immersion

- A- Comment développer des lecteurs efficaces et réfléchis en FRIM? // Developing effective and reflective readers
- A- Quoi faire de l'anglais? Trouver l'équilibre entre la policière et le laisser-faire en immersion française
- B- Comment faire aimer le français à l'aide d'un bilinguisme positif ?

Gifted

- A- Gifted Identification/ CCAT Training for LSTs

Humanities

- A- Strategies to Teach Friendship Skills for Students with ASD
- C- Olde Timey Newspapers

Inclusive Education

- A- ARC-BC, Accessibility and AI
- A- Bringing Fibre Arts Into Your Classroom
- A- FASD and Trauma-Informed Learning Environments: Safety, Co-Regulation, and Learning
- A- Strategies to Teach Friendship Skills for Students with ASD
- A- Inclusive Language and Interactions
- A- The Inclusive Outdoor Classroom
- A- NESTS For Educators: Holistic Support for Teachers In And Out Of the Classroom
- A- Promoting Empathy and Acceptance in Middle Years Classrooms With SOGI Practices
- A- Supporting SEL and Building Student Confidence in Mathematics
- B- ADHD Educator Sharing and Support Session
- B- Becoming Agents of Change through Critical Thinking: Insights from Freirean Conscientização and Pedagogy of the Oppressed
- B- Bringing Fibre Arts Into Your Classroom
- B- FASD and Trauma-Informed Learning Environments: Safety, Co-Regulation, and Learning
- B- Functional Skills for Individuals with Autism & Other Developmental Disabilities
- B- Promoting Empathy and Acceptance in Middle Years Classrooms With SOGI Practices
- B- Supporting SEL and Building Student Confidence in Mathematics
- B- Understanding Racism and Implementation of Anti-racism Education
- B- 'Yes, And...!' Using Improv to Build Inclusivity
- C- Contextualizing Math in the Middle Years
- C- Disability and Neurodiversity Awareness
- C- Engaging All Learners in the Learning Library Commons
- C- Positive Behaviour Support Intervention Plans
- C- Teaching regulation and grounding in the classroom: Hands on activities to support mental health and wellbeing

CANCELLED

CANCELLED

Indigenous Education

- A- Canadian Geographic Indigenous Peoples Floor Map of Canada
- A- Discovering Our Native, Wild and Medicinal Plants
- A- How Indigeneity and SOGI Intersect: Understanding Indigiqueer
- A- Kwikwetlem Meet and Greet
- A- Supporting (Mental) Health for You and Your Students Using Indigenous Methods
- B- Canadian Geographic Indigenous Peoples Floor Map of Canada
- B- How Indigeneity and SOGI Intersect: Understanding Indigiqueer
- B- Kwikwetlem Meet and Greet
- B- Supporting (Mental) Health for You and Your Students Using Indigenous Methods
- C- Stories to Songs in Classrooms

CANCELLED

CANCELLED

Language Development

- B- L'utilisation de jeux coopératifs pour stimuler la communication orale et développer les compétences linguistiques des étudiants FRIM // Using cooperative games to stimulate oral communication and develop language skills in FRIM students

Learning Support Services

- A- Strategies to Teach Friendship Skills for Students with ASD
- B- Functional Skills for Individuals with Autism & Other Developmental Disabilities
- B- Math Assessment Options and Updates for Elementary and Middle

Library

- B- Empowering Readers: Navigating the Sora Reading App
- C- Engaging All Learners in the Learning Library Commons

Literacy

- A- Literacy Digitally: Podcasting With Audacity
- A- Literary Salon: The Art of Intentional Conversation
- A- Main Idea for Readers and Writers
- A- Strategies to Teach Friendship Skills for Students with ASD
- B- Functional Skills for Individuals with Autism & Other Developmental Disabilities
- B- Sharing Session to Exchange Ways to Support Striving Readers in Middle School
- B- Vocabulary Games for Every Subject: Hands-On with Knoword

Mathematics

- A- Dungeons and Deskmates: Interactive Storytelling in Class
- A- Multiplication and Division: Supports and Practice to Engage All Learners
- A- Practical Philosophy of Assessment
- A- Supporting SEL and Building Student Confidence in Mathematics
- B- Dungeons and Deskmates: Interactive Storytelling in Class
- B- Math Assessment Options and Updates for Elementary and Middle
- B- Supporting SEL and Building Student Confidence in Mathematics
- C- Contextualizing Math in the Middle Years

CANCELLED

CANCELLED

Media

- A- Literacy Digitally: Podcasting With Audacity

Mental Health

- KEYNOTE: A- Courageous Compassion: Practicing It, Modelling It
- KEYNOTE: B- Courageous Compassion: Practicing It, Modelling It
- A- FASD and Trauma-Informed Learning Environments: Safety, Co-Regulation, and Learning
- A- Gaming and Social Media Awareness for Educators
- A- Mindful Movement for Stress Reduction
- A- NESTS For Educators: Holistic Support for Teachers In And Out Of the Classroom
- A- Screenagers: Under The Influence
- A- Strategies to Teach Friendship Skills for Students with ASD
- B- Supporting (Mental) Health for You and Your Students Using Indigenous Methods
- A- Yoga Tools for Teachers
- B- Screenagers: Growing Up in a Digital Age, Elementary School Edition (K-7)
- C- Teaching Regulation and Grounding in the Classroom: Hands on Activities to Support Mental Health and Wellbeing
- C- Understanding Youth Mental Health Challenges

Music

- [A- Acting All the Way Through The Song](#)
- [B- Backstage Basics: Tech Overview at River's Edge Theatre](#)
- [B- CMTA Middle and Secondary Share](#)
- [C- Stories to Songs in Classrooms](#)

Outdoor Education

- [A- Basic Bees](#)
- [A- Beavers Are Eco-Heroes! Reimagining Science and STEM Using Humane Education](#)
- [A- Discovering Our Native, Wild and Medicinal Plants](#)
- [A- The Inclusive Outdoor Classroom](#)
- [A- Kwikwetlem Meet and Greet](#)
- [A- Tropical Terrarium](#)
- [B- Basic Bees](#)
- [B- Beavers Are Eco-Heroes! Reimagining Science and STEM Using Humane Education](#)
- [B- Bringing the Northern Spotted Owl Conservation Story to the Classroom](#)
- [B- Harvesting Knowledge: Engaging Your Students with Local Food and Agriculture](#)
- [B- Kwikwetlem Meet and Greet](#)
- [B- Plant Walk](#)
- [B- Tropical Terrarium](#)

Physical & Health Education

- [A- The Inclusive Outdoor Classroom](#)
- [A- Mindful Movement for Stress Reduction](#)
- [A- Physical Literacy in Grades K-5](#)
- [A- Screenagers: Under The Influence](#)
- [A- Taking Care of Your Voice: Vocal Hygiene for Teachers](#)
- [A- Yoga Tools for Teachers](#)
- [B- Harvesting Knowledge: Engaging Your Students with Local Food and Agriculture](#)
- [B- Play Together: Omnikin Inclusive Game Concepts for Everyone](#)
- [B- Screenagers: Growing Up in a Digital Age, Elementary School Edition \(K-7\)](#)
- [C- Understanding Youth Mental Health Challenges](#)





Reading

- A- Main Idea for Readers and Writers
- B- Sharing Session to Exchange Ways to Support Striving Readers in Middle School

Science

- A- Basic Bees
- A- Beavers Are Eco-Heroes! Reimagining Science and STEM Using Humane Education
- A- Discovering Our Native, Wild and Medicinal Plants
- A- The Inclusive Outdoor Classroom
- A- Practical Philosophy of Assessment
- A- Tropical Terrarium
- A- Using Projects to Assess Curricular Competencies in Science Courses
- A- What High School and Middle School Students Need to Know About Climate Change
- B- Basic Bees
- B- Beavers Are Eco-Heroes! Reimagining Science and STEM Using Humane Education
- B- Bringing the Northern Spotted Owl Conservation Story to the Classroom
- B- Elevated Engineering: Challenges to support Student Resilience
- B- Harvesting Knowledge: Engaging Your Students with Local Food and Agriculture
- B- Plant Walk
- B- Shift Happens! Exploring Sustainability in Class & Beyond
- B- Tropical Terrarium
- B- What High School and Middle School Students Need to Know About Climate Change

Social Emotional-Learning

- KEYNOTE: A- Courageous Compassion: Practicing It, Modelling It
- KEYNOTE: B- Courageous Compassion: Practicing It, Modelling It
- A- 8 Useful Things to Know About Trauma and Learning 
- A- Bridging the Gap: Cognitive and Neuroscience Tools to Navigate Conflict
- A- From Burnout to Balance: Navigating Fatigue and Fostering a Positive Culture
- A- Gaming and Social Media Awareness for Educators
- A- Literary Salon: The Art of Intentional Conversation
- A- Mindful Movement for Stress Reduction
- A- Needle Felting Workshop
- A- NESTS For Educators: Holistic Support for Teachers In And Out Of the Classroom
- A- The Neuroscience of Self-Care and Why It Matters
- A- Promoting Empathy and Acceptance in Middle Years Classrooms With SOGI Practices
- A- Screenagers: Under The Influence
- A- Strategies to Teach Friendship Skills for Students with ASD
- A- Supporting (Mental) Health for You and Your Students Using Indigenous Methods 
- A- Supporting SEL and Building Student Confidence in Mathematics
- A- Yoga Tools for Teachers
- B- 8 Useful Things to Know About Trauma and Learning
- B- Elevated Engineering: Challenges to support Student Resilience
- B- FASD and Trauma-Informed Learning Environments: Safety, Co-Regulation, and Learning
- B- From Burnout to Balance: Navigating Fatigue and Fostering a Positive Culture
- B- How to Say 'No'
- B- L'utilisation de jeux coopératifs pour stimuler la communication orale et développer les compétences linguistiques des étudiants FRIM // Using cooperative games to stimulate oral communication and develop language skills in FRIM students
- B- Promoting Empathy and Acceptance in Middle Years Classrooms With SOGI Practices 
- B- Rethinking Shakespeare
- B- Screenagers: Growing Up in a Digital Age, Elementary School Edition (K-7)
- B- Supporting (Mental) Health for You and Your Students Using Indigenous Methods
- B- Supporting SEL and Building Student Confidence in Mathematics 
- C- Teaching Regulation and Grounding in the Classroom: Hands on Activities to Support Mental Health and Wellbeing
- C- Understanding Youth Mental Health Challenges

SOGI

- A- How Indigeneity and SOGI Intersect: Understanding Indigiqueer
- A- Promoting Empathy and Acceptance in Middle Years Classrooms With SOGI Practices
- B- Promoting Empathy and Acceptance in Middle Years Classrooms With SOGI Practices

Social Justice

- A- Social Justice Through the Arts
- B- Social Justice Through the Arts

Social Studies

- A- Dungeons and Deskmates: Interactive Storytelling in Class
- A- The Inclusive Outdoor Classroom
- A- A New and Expanded Pacific NW Coast Experience in Minecraft EDU
- A- Practical Philosophy of Assessment
- A- Simulation Based Education in Social Studies
- B- Becoming Agents of Change through Critical Thinking: Insights from Freirean Conscientização and Pedagogy of the Oppressed
- B- Dungeons and Deskmates: Interactive Storytelling in Class
- B- Harvesting Knowledge: Engaging Your Students with Local Food and Agriculture
- B- A New and Expanded Pacific NW Coast Experience in Minecraft EDU
- B- Shift Happens! Exploring Sustainability in Class & Beyond
- B- Simulation Based Education in Social Studies

STEM/STEAM

- A- AI for Educators: An Introduction to AI and Use Cases for Teachers
- A- Beavers Are Eco-Heroes! Reimagining Science and STEM Using Humane Education
- A- A New and Expanded Pacific NW Coast Experience in Minecraft EDU
- A- Seesaw: Enhancing Compassion, Caring, and Curiosity in Education
- B- AI for Educators: An Introduction to AI and Use Cases for Teachers
- B- Beavers Are Eco-Heroes! Reimagining Science and STEM Using Humane Education
- B- Elevated Engineering: Challenges to support Student Resilience
- B- A New and Expanded Pacific NW Coast Experience in Minecraft EDU
- C- 3D Printing, From Design to Fabrication

Teaching Skills

- A- FASD and Trauma-Informed Learning Environments: Safety, Co-Regulation, and Learning
- A- Streamline Reporting with Office 365 Tools
- B- Streamline Reporting with Office 365 Tools
- B- We Are Not Alone – How Can We Use Collaborative Planning to Empower Ourselves and Our Colleagues



Teacher Wellness

- KEYNOTE A- Courageous Compassion: Practicing It, Modelling It
- KEYNOTE: B- Courageous Compassion: Practicing It, Modelling It
- A- From Burnout to Balance: Navigating Fatigue and Fostering a Positive Culture
- A- Literary Salon: The Art of Intentional Conversation
- A- Mindful Movement for Stress Reduction
- A- NESTS For Educators: Holistic Support for Teachers In And Out Of the Classroom
- A- The Neuroscience of Self-Care and Why It Matters
- A- Taking Care of Your Voice: Vocal Hygiene for Teachers
- B- From Burnout to Balance: Navigating Fatigue and Fostering a Positive Culture
- B- How to Say 'No'
- B- We Are Not Alone – How Can We Use Collaborative Planning to Empower Ourselves and Our Colleagues

Technology

- A- AI for Educators: An Introduction to AI and Use Cases for Teachers
- A- AI Infused Reading Coach
- A- ARC-BC, Accessibility and AI
- A- Gaming and Social Media Awareness for Educators
- A- Literacy Digitally: Podcasting With Audacity
- A- Printing Like a Pro! and Fine Motor in the Classroom
- A- Screenagers: Under The Influence
- B- AI for Educators: An Introduction to AI and Use Cases for Teachers
- B- Copilot: AI At Your Fingertips
- B- Digital Literacy and AI
- B- Screenagers: Growing Up in a Digital Age, Elementary School Edition (K-7)
- B- Vocabulary Games for Every Subject: Hands-On with Knoword
- C- Resources and Best Practices for Automotive Technology Training
- C- Tech Ed Share

Session A Workshops – 9:00 – 10:30 a.m.

A- Courageous Compassion: Practicing It, Modelling It

- Lisa Baylis – KEYNOTE



lisa baylis

All Levels

Cross-Curricular, Mental Health, SEL, Teacher Wellness

Lisa Baylis has been sharing well-being strategies for the last 20 years. A natural-born connector with an innate ability to make people feel valued and heard, she is a teacher, a counsellor, a speaker, and a mother. Lisa is a published author of ***Self-Compassion for Educators***, as well as, the creator of the AWE Method — Awakening the Wellbeing for Educators — which merges self-care, mindfulness, and self-compassion. As a teacher, Lisa has taught internationally and locally. Much of her vast teaching experience was gained in classrooms across British Columbia as a school counsellor. She is currently a Doctoral student at UBCO while working in the role as Education Director for the Center for Mindful Self-Compassion, the non-profit organization created by Drs. Kristin Neff and Chris Germer to spread self-compassion around the world.

This 90-minute workshop is set up to introduce the foundations of self-compassion and delivers practices that can be used in and out of the classroom. Participants will be led through exercises to understand the fundamentals of self-compassion, recognize their inner-critic, and to access self-compassion in moments of burnout and fatigue (especially in relation to burnout experienced currently in schools). This session will be interactive, and participants will be encouraged to try the practices and share their experiences in small groups.

Objectives:

- To understand the three components of self-compassion
- To practice informal self-compassion practices
- To know the difference between empathy and compassion
- To practice prioritizing self-care through the Quick Six

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A- 8 Useful Things to Know About Trauma and Learning

- Kim Viljoen

Kindergarten – Secondary
SEL

Kim- Please bring “yourselves.”

Kim is a Licensed School Psychologist in the Coquitlam School District. She is interested in how early trauma affects brain development, learning, and behaviour. She has extensive training in Dr. Bruce Perry's Neurosequential Model of Therapeutics and other models.

Students with backgrounds of stress and trauma can have a difficult time learning and coping in the classroom and school environment. This session gives an overview of what trauma is, how it affects brain development, 8 concepts that would help a teacher better understand their students with backgrounds of trauma, and some strategies for helping them learn.

A- Acting All the Way Through The Song

- Peter Abando

Primary - Adult
Drama, Music

Sponsored by

SD43 Drama LSA



Peter- Please bring “a willingness to sing along, sheet music will be provided.”

When he's not teaching K-7 music in West Van, Peter is composing, improvising, directing, or performing music somewhere around Metro Vancouver. He's currently composing two new musicals with local playwrights and collaborators. Peter attended Chicago's Second City Training Center and the Broadway Teachers Workshops in New York City. He's also a teaching artist for the Vancouver Opera and accompanies/teaches at Gateway Theatre's Academy.

Peter Abando will welcome you to bravely dig into the music with authentic joy and help you motivate your singers to follow through on Musical Theatre's promise: When a character feels something so powerfully in a musical, when regular speech simply won't suffice, we break into song, committed to the story and anchored in the experience. Suitable for drama teachers, directors, and music teachers of all levels.

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A- AI for Educators: An Introduction to AI and Use Cases for Teachers

- Geering Up Professional Development Team

Intermediate – Adult

Artificial Intelligence, STEM, Technology



Geering Up- Please bring “a laptop is preferred, however participants could use their phones/tablets if a laptop is not available.”

***UBC Geering Up Engineering Outreach** is a team within the Faculty of Applied Science with the mandate of promoting science, engineering, and technology to youth across British Columbia. Our professional development team works to empower teachers to create future-ready, inclusive classrooms guided by values of technological literacy, creativity, and sustainable development. Together we’re in the business of building a friendlier future for everyone.*

In today’s world of rapidly advancing technology, understanding Artificial Intelligence is essential for educators! This engaging workshop will introduce you to the basics of AI—what it is, how it works, and how to use it effectively. Explore positive uses for AI in the classroom, participate in a hands-on activity, and learn how to design AI-resilient assignments that keep your students thinking critically. Join us and learn about the future of AI in education!

A- AI Infused Reading Coach

- Sean Robinson

All Levels

AI, Technology



Sean – Please bring “a laptop.”

Sean is an SD43 Technology and STEAM Support Teacher. He has taught for 30 years in elementary, middle, high school, student services, and adult settings. Through professional development events, workshops, and team teaching, he has helped educators leverage technology to deepen and strengthen student learning.

In this interactive workshop, educators will learn to use Microsoft Team’s Reading Progress, an AI Infused tool to assist students to develop oral reading and comprehension skills. Together, we will access the tool, use AI created passages and comprehension questions, and learn how to return rich student feedback. Bring a laptop.

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A- ARC-BC, Accessibility and AI

- Victoria Woelders

All Levels

Inclusive Education, Technology

Sponsored by



Victoria- “Please bring a device e.g. phone, laptop etc.”

*Victoria Woelders is an Outreach Coordinator for the **Accessible Resource Centre** of British Columbia, supporting school teams in learning about digital accessible books and documents while promoting digital accessibility best practices under the Accessible BC Act. She has taught for over 20 years as a classroom teacher. She travels the province teaching on the ARC-BC digital accessible books for students who are perceptually disabled.*

Artificial Intelligence (AI) is revolutionizing accessibility in education. This session introduces attendees to AI, including Microsoft CoPilot, and its applications in supporting diverse learners. Topics include text-to-speech with Artificial Narrow Intelligence (ANI), enhancing learning experiences, and integrating ARC-BC digital books with AI. Participants will explore tools, apps, and platforms that simplify complex tasks previously handled by tutors or educational staff. Designed for everyone, this session provides practical strategies for fostering inclusive learning environments.

A- Basic Bees

- Cassie Gibeau- **Honeybee Centre**

Kindergarten - Secondary

Outdoor Education, Science



This workshop will be \$5/person, invoices will be sent out and must be paid before the CTA PD day. Yellow forms cannot be used for reimbursement.

Cassie- “Wear clothing you don’t mind getting wax on.”

Cassie is an owner at Honeybee Centre and ECE, responsible for Education, Outreach and Events. She has been educating kids, youth and adults on the importance of bees and our environment for the past 8 years. Cassie is one of the growing number of women who recognize that we need to design a succession plan for beekeeping both locally and globally to evolve its role in food security, sustainability and our climate.

Do you love bees? How about flowers and blueberries, and watermelon, and oranges and apples... Beekeeper Cassie from Honeybee Centre talks about the difference between honey bees and native pollinators, life cycle, roles of the different honey bees, pollination, and civic duty. Our fun and silly bee talk will inspire you to be curious and encourage participation in a better future for pollinators and our planet. Leave with a reusable eco-friendly beeswax wrap.

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A- Beavers Are Eco-Heroes! Reimagining Science and STEM

Using Humane Education

- Allison Simpson- [BCSPCA](#)

Intermediate

Cross-Curricular, Outdoor Education, STEM

Sponsored by BC SPCA

Humane Education



Allison- Participants should bring “Nothing - except their curiosity and imagination! Participants should be prepared to go outside (sturdy walking shoes, raincoats, layers). We will provide all other learning materials. We want our session to be as inclusive as possible. If you need accessibility accommodations, please let us know.”

Allison is a BC-certified teacher and professional educator with 15 years of experience working with students in Kindergarten to College, as a classroom teacher and tutor, specializing in developing education plans to meet the needs of individual students. Allison joined the BC SPCA as a Humane Educator in 2016. This role merges her passion for teaching and love of animals and allows her to create engaging and empowering experiences for youth.

This workshop will introduce teachers to outdoor learning and humane education, using beavers as a guide to create animal-themed experiential, cross-curricular lessons for grades 4 through 7. Focusing on a central inquiry question (How are beavers eco-heroes?), participants will be given print/digital resources and guidance on how to shape STEM lessons, outdoor learning experiences or service projects that motivate their learners and uplift student voices. BC Curriculum links will be highlighted, with the hope that everyone leaves with an activity to use in their class.

A- Bridging the Gap: Cognitive and Neuroscience Tools to Navigate Conflict

- Laurel Aasen – [Laurel Aasen Counselling and Consulting](#)

Primary - Adult

SEL

LAUREL AASEN COUNSELLING AND CONSULTING

***Laurel- Please bring “pen and paper. If you wish to ‘sample’ certain physiological interventions that involve gentle movement, you’re encouraged to wear comfortable clothing.”**

Laurel Aasen is a Registered Clinical Counsellor devoted to promoting community literacy on Trauma-Informed connection and emotional regulation. Her passion is translating the current clinical literature and interventions from neuropsychology to empower clientele in their lives and relationships. For over a decade, she has facilitated offerings for major organizations and school districts across BC, as well as globally.

The stress experienced during conflict can diminish our ability to relate, articulate, empathize, and problem-solve. This offering is designed to support participants in learning to utilize curiosity as a relational tool, redefine boundaries as an inclusive process, explore established models of communication and scripting, and maintain the ability to stay regulated during difficult conversations. Content will also include burnout prevention.

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A- Bringing Fibre Arts Into Your Classroom

- Paula Lindner



BAAAD ANNA'S
not your mama's yarn store



All Levels

Arts, Inclusive Education, Tactile Hands-on Learning

This workshop will be \$15 per participant, invoices will be sent out and must be paid before the day. All fibre arts materials will be included. Yellow forms cannot be used for reimbursement. Paula- "All fibre arts will be included."

Paula is the owner of Baaad Anna's Yarn Store in East Vancouver, and Baaad Rabbit's Fibre Arts in New West. Braiding small business with community development, Paula aims to create a space where people come together and learn from each other, and have a sense of community while crafting, creating, and conspiring!

With the paradigm of hands-on tactile learning, Paula describes a variety of ways fibre arts can successfully be brought into a classroom with little prior skillset and at an accessible price. Teachers will learn how to find projects and online resources, how to source free and low-cost material, strategies to build skills into learning tools, whilst also enjoying a hands-on craft time during the session.

A- Bringing Sand Tray to the School Counsellor's Office

- Katie DeReus and Heng-Zi Bereczki

Kindergarten – Secondary
School Counselling

Sponsored by
Coquitlam School Counsellors'
Association



School District No. 43 (Coquitlam)
Learning for a Lifetime

*Katie DeReus is a School Counsellor/ Registered Clinical Counsellor and a Level 2 Certified Advanced practitioner of the NSST Institute and Foundation. Working in private practice using this sand tray modality, Katie began as an Associate of Dr. Madeleine DeLittle, her direct Clinical Supervisor in the original NSST clinic in Fort Langley. Katie is passionate about the power of play and metaphor to heal. She utilizes NSST in her **private practice** as well as in her Elementary school counselling setting. More information about NSST can be found at www.nsstinstitute.com. Heng-Zi Bereczki has been an educator in SD43 for almost 20 years. She is a School Counsellor at Encompass 10-12, an alternate high school education program. She is also a Registered Clinical Counsellor with her own **private practice**. Heng-Zi is a Certified NSST Trainer and a Level 3 Advanced practitioner of the NSST Institute and Foundation. Heng-Zi was one of the first associates trained under Dr. Madeleine DeLittle, who was her direct Clinical Supervisor in the original NSST clinic in Fort Langley. Heng-Zi has personally and professionally experienced the power of play and the use of metaphor using NSST in the sand tray to heal and transform lives. Heng-Zi is passionate about being an embodied counsellor in the intersections of education and social justice work.*

In this small group experiential session, participants will be introduced to the connections between sand tray, the brain, self-regulation and polyvagal theory. Through learning and applied practice, school counsellors will strengthen their confidence to offer sand tray to their students as a safe and contained opportunity for self-exploration, self-expression, promoting positive growth and development. Counselling skills of attuning, tracking the client and their body, describing the tray, creating and modelling metaphor, and beginning and ending sessions will be developed in this 90-minute session offering three practice opportunities within the triad practice model. This is largely based on the work of Dr. Madeleine DeLittle and the Neuroscience and Satir Model (NSST) and is an introductory offering and **not** a certified training.

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A- Building a Sense of Community - Ideas to Promote Positive Learning Environments

- Maple Lee

All Levels

Cross-Curricular

***Maple – Please bring “a writing utensil, your experiences, an open mind, and a collaborative spirit.”**

Maple Lee is an interdisciplinary artist and educator with varied experience teaching children to adults in multiple programs, subjects, and educational systems over 20+ years. She sees the role of an educator as a calling and enjoys collaborating creatively and practically with people in educational communities. She is currently teaching in Coquitlam Continuing Education.

Come hear about some different ideas that you might consider using to build a stronger sense of community that can promote positive learning environments for the first part of the workshop. Next part involves voluntary sharing with other educators your own experiences of success or what you are currently struggling with so that you might gain a fresh perspective.

A- Canadian Geographic Indigenous Peoples Floor Map of Canada

- Giannina Lopez - BCTF

Intermediate - Secondary

Indigenous Education



Join us for a workshop to explore the Canadian Geographic Giant map showcasing Indigenous communities, residential schools, reserves, and more. Rather than political borders, Canada is broken up into Indigenous language groups. Learn more about the diverse voices and stories of Indigenous Peoples and gain a deeper understanding of the past, present, and future. Discover how to incorporate this resource into your teaching to benefit your students and in connecting with Indigenous communities and organizations in your area. A teachers' guide also accompanies this map.

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A- Comment développer des lecteurs efficaces et réfléchis en FRIM? // Developing effective and reflective readers

- Shauna Beaton-Rae and Andrea O'Neill

Primary – Middle

French Immersion

Shauna Beaton-Rae est la Coordinatrice de langue et culture - SD43. Elle a 25 ans d'expérience en FLS seconde et l'orthopédagogie. Ses domaines d'expertises sont l'acquisition des langues additionnelle, l'évaluation, et des pratiques inclusives. Andrea O'Neill est professeure mentore qui travaille avec des enseignants/es de français de base et de l'immersion M à 12e. Andrea a enseigné plusieurs niveaux en immersion pendant ses 15 ans avec SD43.

Une discussion sur les stratégies de lecture et les moyens de les enseigner. Cela inclura les capacités présentées dans l'ouvrage d'Adrienne Gear Lecteurs engagés: cerveaux branchés. Il y aura un partage des ressources pédagogiques, des livres utiles, et des approches pour établir un programme de lecture. Les participants recevront un texte pour soutenir une stratégie de lecture. // Discussion of essential reading skills and how to teach them including strategies from Gear's Reading Power. Sharing of resources, thematic books, and establishing your reading program. Participants will receive a book to support a reading strategy.

A- CUE43 Show and Tell

- Camy Ng & Elaan Bauder

Kindergarten – Secondary

Cross-Curricular

Sponsored by

CUE43 LSA

Camy & Elaan- Participants should bring “A willingness to try out some tech!”

Representatives from CTA's Local Specialist Association CUE43, a community for educators interested in integrating technology into their practice, are hosting this workshop. Camy is based at Coast Salish and Elaan at Inquiry Hub.

Enjoy a show and tell of CUE43's resources that we offer for FREE! Come see, try out, and sign out items... all in 90 minutes through the easy CTA lending library process. Some library items may include: Scratch Jr. coding cards; ADST books; Osmo and Arduino kits; Sphero Ramps; Stikbot Movie Sets; Oculus Merge VR goggles; Solar Robot Kit; and Makey Makey. Bring your ideas for new library items and there will be prizes!

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A- Discovering Our Native, Wild and Medicinal Plants

- LoriAnn Bird (Snyder)- Earth and Company

All Levels

Art, Foods, History, Science



LoriAnn- Please bring “a notebook, pencil, and proper gear for the weather.”

LoriAnn is an Indigenous Metis author, herbalist, and educator sharing the wisdom of plants and all our Relations. I have worked with elementary and high schools to help facilitate the integration of First Nations teachings into the provincial curriculum.

This will be a wild, edible and medical plant walk identifying native and introduced species. The focus has been to bring in a First Nations perspective and talk about the environment, how plants communicate, how through observation we gather information about the landscape, and anything else that pops into my mind that connects to the topic of plants!

A- Digital Classroom – Secondary Focus 8-12

- Mike Silverton- Focused Education Resources

Middle - Secondary

Cross-Curricular

Sponsored by



Mike- Please bring (although not required) “a connected device as this will provide for a more interactive session.”

Mike has been providing professional development and in-service to teachers for most of his career. He has taught from elementary to the graduate level and has a wide range of experience to draw upon to provide enriching workshops for all. Mike is the Coordinator of Professional Learning for Focused ED, the Past President of the Computer Using Educators of BC PSA (CUEBC) and an Honorary Lifetime Member of the BCTF.

The Digital Classroom is a Collection of over 20 core online content resources that are ****free**** to Public Schools in BC. This session will look at the resources available, BC curriculum alignment, and their licensed / intended grade levels. In addition, learn how to use advanced search features to adjust/find different reading levels, have it read aloud, learn through video, search by limiting Lexile levels, or translate the information sources to various languages. Access through school networks with no login or password required.

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A- Dungeons and Deskmates: Interactive Storytelling in Class

- Andrew Campbell & Dawn English

Middle

Cross-Curricular, English & French Language Arts, Math, Social Studies

Andrew & Dawn- Please bring “a pencil and eraser.”

Andrew Campbell and Dawn English are middle school French immersion teachers at Banting Middle School who are passionate about awakening students to their heroic qualities and potential.

Dungeons and Deskmates is a cross-curricular interactive storytelling tool that you can use in your classroom to engage students by having them be the heroes in a story you tell together. In this session, we will play through a chapter of Dungeons and Deskmates, followed by a debrief on how we embed curricular connections and common troubleshooting tips, so you can incorporate it in your own classes.

A- Enhancing Assignments and Group Projects With Teams

- Melissa Illing

Middle - Adult

Cross-Curricular

Melissa- Please bring “a charged laptop.”

Melissa has been on a 5-year streak at Centennial teaching Math and Japanese. They are a settler on the unceded and stolen lands of the Kwikwetlem First Nation. As an immigrant, Melissa would also like to acknowledge that she has benefitted from the colonization of the Ainu and Okinawan Indigenous communities in Japan. Recently, Melissa has been listening to a lot of k.d. lang.

This practical workshop is designed to empower teachers with the tools and techniques to create effective assignments using Microsoft Teams. The session will cover the essentials of assignment creation, including the innovative use of AI to develop rubrics, and strategies for managing group projects to ensure student accountability. This workshop will also introduce Teams’ Learning Accelerators that support students in their speaking and reading fluency (multiple languages). **Examples are from Japanese and SR. Math courses.**

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A- Explore Your Creativity with Water-Based Media!

-Julie Epp - Evergreen Cultural Centre

Primary - Adult

Art Education

Sponsored by



Julie – Please bring “an open mind and creativity. This workshop is outlined to help build teachers artistic skills in the classroom.

Julie is a visual artist who works in painting, sculpture, and mixed media to explore themes of beauty, nature, and the human experience. Julie Epp is an award-winning artist from Abbotsford, BC, and holds a BFA from the University of the Fraser Valley. She has exhibited throughout BC and teaches art to children and adults throughout the lower mainland.

In this course, you will explore the flexibility of water-soluble materials, learning to create interesting textures and effects with crayons and pencils while experiencing the smoothness of watercolour paints. You will also practise slowing down to appreciate the creative journey, with guided exercises that help you develop patience and let your artistic ideas emerge naturally. Additionally, you will acquire practical skills in blending, layering, and using water to enhance your artwork, gaining confidence to experiment with different water-based media.

A- FASD and Trauma-Informed Learning Environments:

Safety, Co-Regulation, and Learning

- Stace Kelsh - POPFASD

Intermediate - Adult

Complex learners, instructional, strengths-based strategies, mental health

Sponsored by

Ministry of Education



Stace- “Bring your curiosity and an interest in how state-dependent instruction works in the classroom”

For more than sixteen years, Stace has had wonderful opportunities to teach in a variety of diverse public education settings. As a classroom teacher, resource teacher, university sessional instructor, and provincial educator, he has taught at all levels, from elementary to post-secondary. It is his honour to learn from and share his knowledge and experiences with educators around the province. It is a sincere passion to support educators to enhance their practice and grow their capacities to reach, teach, and include students impacted by prenatal alcohol exposure.

Adverse Childhood Experiences (ACEs) continue to impact learners and invite educators to learn about “state dependent” learning for complex neurodevelopmental conditions, including FASD. In this 90-minute session, we will explore the overlapping characteristics of FASD and trauma. Learn strategies to address adult regulation and co-regulation. We can explore trauma-informed school environments with applied insight, relational strategies, and explicit instructional techniques.

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A- From Burnout to Balance: Navigating Fatigue and Fostering a Positive Culture



- Rubina Garcha & Michelle Meier - [Asher Wellness Group](#)

Middle – Secondary

SEL

Rubina & Michelle- Participants should bring “Nothing 😊”

Rubina & Michelle are experienced high school counsellors & RCCs who co-founded Asher Wellness Group, a private practice in Langley. With a deep understanding of the challenges faced by educators, they specialize in supporting emotional resilience & promoting well-being. Through their work, they offer practical strategies to help individuals navigate compassion fatigue & create positive, sustainable changes in both personal and professional lives.

This interactive workshop equips teachers with practical tools to strengthen emotional resilience, manage compassion fatigue, and foster a positive staff culture. Participants will gain psychoeducation and practical strategies through a discussion-based format, encouraging questions, shared experiences, and concerns. Through reflection and discussion, educators will gain insights and strategies to help navigate the demands of their profession while promoting a culture of care and connection among colleagues.

A- Gaming and Social Media Awareness for Educators

- Ryan Mymko- [Stellar Counselling](#)



Intermediate - Middle

SEL

Ryan- Please bring “pen and paper.”

Ryan is a Registered Clinical Counsellor and the PAC Chair at Bramblewood Elementary in SD43. He is a lifelong gamer, parent of twins, and owner of a private practice, counselling children and youth in the Tri-Cities specializing in ADHD, gaming & screen addiction, and other behavioural issues. Ryan is passionate towards empowering parents, educators, and professionals by educating them with the most recent academic research available.

Educators are front line mental health workers in an environment with ever evolving technology. This workshop will highlight key trends teachers can be on the lookout for in order to build their awareness in determining the early stages of potentially risky behaviours. Additionally, they will learn: which students are most at risk and why, effective strategies to communicate to parents, resources, and develop an understanding of the industry language.

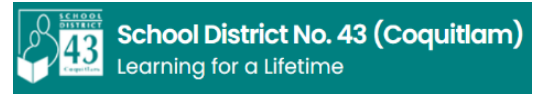
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A- Gifted Identification/ CCAT Training for LSTs

- Jeanette Murphy

Primary - Middle
Gifted Education



Jeanette Murphy is SD43's Coordinator for Students with Diverse Abilities. She supports schools in planning and programming for Gifted and Multi-Exceptional students. With her MEd in Educational Psychology, involvement as Vice-President in the SAGE-BC PSA, and experience as a Middle School Learning Support teacher, Jeanette aims to provide informative and practical resources for colleagues.

This workshop will review the steps of SD43's Gifted Identification process for Elementary and Middle School students. Screening processes and evidence collection will be discussed. This session is specific to Elementary and Middle School Gifted Learning Support Teachers.

A- How Indigeneity and SOGI Intersect: Understanding Indigiqueer

- Maxine Jackson

All levels
Indigenous Education



Maxine- Please bring “a notebook and/or a laptop to take notes.”

Maxine Jackson (She/Her) is a Queer Métis Teacher with SD43 Coquitlam. She is a NITEP alumni from UBC who has worked as an Indigenous Resource Teacher and now currently teaches English and English First Peoples at Riverside Secondary.

Navigating teaching while important issues such as Indigeneity and SOGI rights come up is a daunting task for many teachers when they are on their own. This presentation will help inform Educators on how to build comfortability and confidence in conversing on these topics in the classroom, among staff, and in their community. Knowing how Indigeneity and SOGI intersect is an imperative step for inclusivity both in the classroom and out in our communities.

CANCELLED

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A- How to Zine

- Philip Barrington

Middle - Secondary

ELL, English

Philip- Please bring “a pencil and fine marker.”

Philip has been teaching in this district for 18 years. Most of his career he has been teaching English and PHE at Riverside Secondary. Through out his time, he has taught at Pinetree Secondary, Dr. Charles Best Secondary, and Mountain View Elementary. He obtained his Masters in Education Technology from UBC in 2021. In his spare time, if he is not taking his kids to their various activities, he enjoys reading, playing soccer, and cheering on his favorite sports teams.

Let's Zine. Zines allow creators to explore topics close to their hearts, share their perspectives, and connect with like-minded individuals. They often challenge convention, offering alternative viewpoints and fostering a sense of empowerment among readers and creators alike. I will show you how to create the fun form of expression and we will work on creating one for you to use as an example at the end of the session.

A- Inclusive Language and Interactions

- Teri Thorson- Rick Hansen Foundation



Kindergarten – Secondary

Inclusive Education

Teri Thorson is the Manager of the Rick Hansen Foundation School Program. In 1996, she was involved in a motor vehicle crash while travelling in Australia, sustaining a spinal cord injury and becoming a permanent wheelchair user. She competed in the 2004 Athens Paralympic Games in the 100m track event and is a former provincial team wheelchair rugby athlete. Currently, Teri lives in North Vancouver with her partner and 13-year-old son Lucian. She is a dedicated volunteer and coach in wheelchair sport.

Disability knows no boundaries between race, culture, religion, gender or economic status. Even though individuals with disabilities are the largest minority group in the world, accessibility and inclusion are often left out of today's DE&I conversations. The Rick Hansen Foundation School Program's professional development workshop engages educators to help them better understand disability and recognize that language is a powerful tool that can be used to foster inclusion and belonging rather than reinforce stereotypes and discrimination.

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A- The Inclusive Outdoor Classroom

- Tricia Edgar- Fresh Air Learning



Kindergarten – Intermediate

PHE, Inclusive Education, Outdoor Learning, Science, Social Studies

Tricia – “Please dress for the weather and be ready to go outside.”

Tricia grew up in the rainy Lynn Creek watershed, where she enjoyed playing in the mossy forest. In 2011, she co-founded a forest school - Fresh Air Learning. She not only appreciates the many ways in which forest school connects children to the Land, but she has also come to love the ways in which it connects child to themselves and to the wider community.

Outdoor learning and emergent learning are increasingly becoming a part of elementary education. How is this type of learning uniquely suited to neurodivergent students, and how can you build inclusion into the places, activities, and pedagogy that you use when you are outdoors with your class?

A- Kwikwetlem Meet and Greet

- Nancy Joe- Kwikwetlem First Nation



k^wik^wəłəm

Kwikwetlem First Nation

All Levels

Indigenous Education, Outdoor Learning

Nancy – “Please wear comfortable, weather appropriate clothing.”

OFF-SITE SESSION: Arrive 8:30 – 8:45 am Colony Farm Community Gardens parking lot, Colony Farm Road, Coquitlam, BC V3C 5X9

Nancy Joe is the Cultural Advisor for the k^wik^wəłəm Nation.

Curious about our local nation? The k^wik^wəłəm Nation is proud to host educators on their traditional lands of slakəyánc (IR1). You will meet members of the Nation and learn about the history of their lands and resources, visit the local ‘Transformer Stone’, and hear about their stories, traditions and culture. This is a **‘strictly limited’** workshop. Participants will park at the Colony Farm Community Gardens parking lot where volunteers will be waiting to accompany them to the Community Centre.

Please note that by registering you are consenting to have your name shared with the facilitators.

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A- Literacy Digitally: Podcasting With Audacity

- Jenn Moody & Simon Kwok

Intermediate - Adult

Cross-Curricular

Sponsored by
Coquitlam Teacher Librarian
Association



Jenn & Simon- Please bring “a laptop with Audacity installed. Audacity is a free and district-approved program that may already have been installed on all district TLI laptops. If it is not, it could be requested to be installed by contacting IT at servicedesk@sd43.bc.ca”

Jenn has been teaching middle school for 20ish years. She’s passionate about literacy and engaging kids in new learning opportunities. She is currently teaching 7/8 at Eagle Mountain Middle. Simon has been teaching in SD43 for 16 years and is currently a Library Learning Commons teacher at Eagle Mountain Middle School where he also teaches Digital Literacy. He is a Computer Scientist and loves to explore technology that can enrich educational experiences for both teachers and students.

At middle school kids love to talk and work together! Designing projects and activities that has kids collaborating and talking is all the better! Teaching kids to podcast is one way to do it! Jenn and Simon will show you how to incorporate literacy and podcasting together and share some resources with you. Adaptable to all grade levels.

A- Literary Salon: The Art of Intentional Conversation

- Julianne Harvey-Ruby Finch Books

All levels

SEL, Teacher Wellness



Julianne Harvey is an author, educator, and nurturer in South Surrey, BC. She’s the author of six books and holds an MFA and a BA in Creative Writing, along with a certificate in Counselling Skills. Her speculative climate novel, Post Civ, is available now. Please see julianneharvey.com and rubyfinchbooks.com for more information.

In our technology-driven culture, we are at risk of losing our ability to connect authentically with other people through well-thought-out conversation. The literary salon is designed to get people talking to one another. Participants draw open-ended questions designed for authentic connection and then engage in meaningful, small-group conversation. The salon creates a safe space to share and practice empathy in our relationships. I will also help teachers bring the salon model to their students.

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A- Main Idea for Readers and Writers

- Kirk Deutschmann

Intermediate - Middle

Language Arts

Kirk- Please bring “a pen, paper, and laptop.”

Kirk Deutschmann has taught for 26 years in the Coquitlam School District from grades 4-9 in a variety of schools. As a result of his own public school education which he found irrelevant and meaningless, his philosophy is that education should be meaningful and relevant for learners. He tries to create lessons that engage and teach skills and content that students will be able to use right away that benefit them in a variety of ways.

Students struggle to understand the concept of main idea and details when they read and write. This impacts their ability to comprehend fully what they read, and write in an effective, organized fashion. Using a Scholastic resource that has been adapted, a unit for grade 4-8 will be shared that can be used immediately. As a previous student (a strong writer and reader prior to the unit) said, "Now I know I can write my paragraphs with 10 or 12 sentences because they all back up the main idea. Before I thought a good paragraph was just 3 or 4 sentences."

A- Mindful Movement for Stress Reduction

- Linda Arkelian

All levels

Expressive Movement, Self Care and Compassion



Linda – Please bring/wear “comfortable clothing that allow freedom of movement and a water bottle.”

Not required, but you are welcome to bring a yoga mat for comfortable sitting, if preferred.

Linda is a professional dancer, ballet teacher, and visual artist. She has performed internationally with the Royal Winnipeg Ballet, Theatre Ballet of Canada, Anna Wyman Dance Theatre, and the Judith Marcuse Dance Company. She has choreographed for and collaborated on numerous contemporary dance projects. Linda also teaches ballet and contemporary dance, in addition to Mindful Movement for nervous system regulation.

In her Mindful Movement Class, Linda Arkelian weaves together dance, art and healing. She offers therapeutic movement sequences that awaken the parasympathetic nervous system and reduce the stress hormone level. This is achieved through breath work, self-massage techniques targeting acupoints, vagal stimulation, and EFT meridian tapping. The gentle dance component helps students improve core strength, balance, and coordination. As students gain an awareness of the role of breath and emotion in movement, they experience the healing of dance. Class culminates in an expressive dance sequence.

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A- Multiplication and Division: Supports and Practice to Engage All Learners

- Jennifer Whiffin

Intermediate - Middle
Mathematics

Jen is the SD43 Numeracy Coordinator who is also passionate about supporting all learners -including educators- in their mathematical journeys.

This workshop is for all grade 3 to 5 teachers who are looking for supportive, effective ways to teach multiplication and division to all learners. You will make connections between multiple approaches to building understanding of and fluency with these crucial concepts. Finally, we will share our new resources with you.

A- Needle Felting Workshop

- Yuki Nickolichuk- Honey Canada Natural Craft

honey canada
hand made natural wool crafts

Adult
Art

This workshop will be \$20 per participant, invoices will be sent out and must be paid before the day. Yellow forms cannot be used for reimbursement.

Yuki was born and raised in Japan and moved to Canada in 1999. She is a self-taught crafter offering felting classes in Vancouver for over 10 years. Honey Canada is her place to share the things that she is doing and display the things she makes. Yuki has always been interested in different arts and crafts and decided it would be fun to share them with others. She has been creating since she was a young girl and has always loved the process from the initial idea to the final creation.

This will be a needle felting workshop; you don't need any prior skill or experience. We will be creating an original design wool felt animal.

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A- NESTS For Educators: Holistic Support for Teachers In And Out Of the Classroom

Behaviour
Gal



- Kirsten Sherlock, Lea Morrison, Jennifer Lloyd,
Shannon Day and Nicole Shallow

EAT FOR LIVING

LEA
MORRISON

LIFT

All levels

Dealing with Challenging Behaviour, Hands-on Activities, Supporting Mental Health

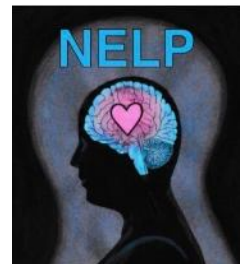
***Kirsten- Please bring “just yourselves. We will provide a worksheet of some sort to take notes.”**

Kirsten Sherlock, registered clinical counsellor, is the owner of [Flourish Counselling](#). Lea Morrison, trauma educator and coach, leads [Lea Morrison Healing](#). Jennifer Lloyd, a holistic nutritionist specializing in gut health, owner of [Eat for Living](#). Shannon Day, certified personal trainer with a Sports Science diploma, owns [LIFT Fitness](#) and Physiotherapy in Port Moody. Nicole Shallow, BCBA specializing in sleep, is the founder of [Behaviour Gal](#).

The NESTS framework promotes holistic well-being for teachers through its core principles: Nutrition, Exercise, Sleep, Time for Self/Support, and Stress Management. Led by five professionals in these fields, the NESTS team integrates essential knowledge, practical tools, and restorative practices into the school day, enabling teachers to recharge at work and maintain their well-being at home. This holistic approach supports their personal and professional growth, enhancing their influence both in the classroom and beyond.

A- The Neuroscience of Self-Care and Why It Matters

- Dr. Kate Patten- [Neuro Emotional Literacy Program](#)



All levels

Self-Care for Teachers

Dr. Kate Patten- Please bring “yourselves.”

Dr. Kathryn Patten is a retired adjunct professor from the Educational Neuroscience Laboratory at Simon Fraser University. She remains the director of the Neuro Emotional Literacy Program (NELP), which focuses on improving emotional literacy to promote emotional and physical well-being. Having taught from elementary to post-secondary for over 30 years, she continues to deliver programs to teachers, parents, aboriginal groups, and professionals.

Having taught for over 30 years (elementary to post-secondary), Dr. Patten knows that teaching is one of the most emotionally and cognitively demanding jobs. This workshop addresses the neuroscientific rationale and reinforces the importance of taking care of oneself, both emotionally and physically, to ensure well-being and help avoid burnout. Several methods will be explained and handouts will contain notes of the workshop so you can relax and listen, just for you!

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A- A New and Expanded Pacific NW Coast Experience in Minecraft EDU

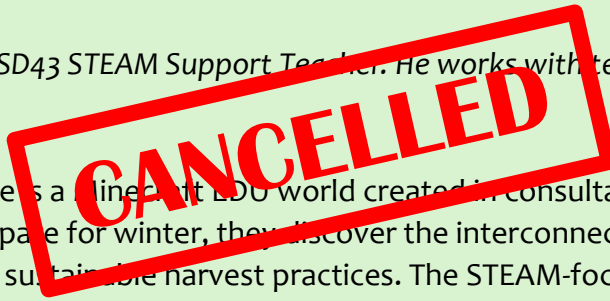
- Gavin Hanna

Primary – Middle
Social Studies, STEAM

Gavin- Please bring “a District laptop, a mouse (optional, but most prefer it), and latest version of Minecraft Education. Minecraft EDU should already be on your district laptop, but it may need to be updated to v1.21.06”

Gavin is in his fourth year as a SD43 STEAM Support Teacher. He works with teachers across the district regarding STEAM teaching and learning.

A Pacific NW Coast Experience is a Minecraft EDU world created in consultation with the Kwikwetlem First Nation. As students help a village prepare for winter, they discover the interconnectedness of all living and non-living things and the importance of sustainable harvest practices. The STEAM-focused learning activities in the game are designed as a spark for inquiry into deeper learning from indigenous peoples in the real world. The new and expanded Pacific NW Coast Experience now includes a clam garden harvest task, a trade mission to an interior village, and an elusive sasquatch!



A- Physical Literacy in Grades K-5

- Don Hutchinson

Kindergarten – Intermediate
PHE

Don- Attendees should be: “ready to be active.”

OFF-SITE SESSION: Central Elementary, 2260 Central Avenue, Port Coquitlam, BC V3C 1V8

Don is currently an Elementary Principal in SD43. Prior to that he was the PE/Athletic Director at the Middle School Level. He is currently working with Indigenous Sport Physical Activity Recreation Council and Sport for Life promoting and supporting Physical Literacy in schools, particularly the elementary level.

In this workshop we will introduce what is defined as "Physical Literacy" and how can we lead our students to becoming physically literate. We will also review the Long Term Athlete Development Model and share with you ways one can incorporate Fundamental Skills and games in your Physical Education classes. Resources and links to others resources will also be shared.

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A- Practical Philosophy of Assessment

- John Sarte

Secondary

English, Mathematics, Science, Social Studies

John Sarte has been a teacher in SD43 since 1999. After three years pursuing a doctorate in Curriculum Studies, he returned to the classroom to teach at Inquiry Hub in 2012. He now teaches science, math, marketing, and theatre. Along with the students, he studies live action role play, graphic design, and videography.

How often have you thought about the why, how, and what of assessment? Have you ever struggled to innovate assessment practices inside the box? This workshop presents a pragmatic philosophy of assessment and examples of how it can be used as a framework for classroom practice. The goal is to identify practices that are beneficial for students and practical for the teacher to implement and maintain.

A- Printing Like a Pro! and Fine Motor in the Classroom

- Ivonne Montgomery, Children's & Women's

Kindergarten - Primary

Learning to Print



Ivonne – Please bring “a laptop, ipad, or cell phone to view and familiarize yourselves with online resources: <https://drive.google.com/file/d/1oHX2aRs35wrnnP5B-F2EBcE5VQfda2yH/view>”

Ivonne is an occupational therapist, who is now the Children's and Women's Hospital OT Professional Practice Leader. In the past she worked in the SD43 school district which led to her interest in fine motor & printing difficulties. She completed her Master's degree from UBC in 2017, including completion of two research studies focusing on the free online printing program - Printing Like a Pro! that she created.

Printing Like a Pro! is an effective and easy to use program designed to support printing development of primary grade students. It is an extensive printing program, easily accessed through the internet, free of charge and ready to be implemented. Fine motor strategies as well as the printing program will be thoroughly presented, and materials available for individual/small or large classroom use.

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A- Promoting Empathy and Acceptance in Middle Years Classrooms With SOGI Practices

- Robin Sutherland

Intermediate - Secondary

Inclusive Education, SEL, SOGI

Robin is a Queer and Non-Binary Teacher within the Coquitlam School District with a passion for EDI work and particularly in embracing intersectionality to create safer classrooms that celebrate and honor all students.

This workshop will delve into the benefits for all students and staff in having SOGI-inclusive school and classroom environments. It will offer both some baseline education of SOGI and some practical applications of SOGI in the middle years classroom and school environment that all educators can use. Educators will walk away with a deeper understanding of 2SLGBTQIA+ identities, SOGI-inclusive practices, and resources for classroom use and further education.

A- Quoi faire de l'anglais? Trouver l'équilibre entre la policière et le laisser-faire en immersion française

- Dr. Monica Tang- Faculty of Education, Simon Fraser University

Kindergarten - Secondary

French Immersion

Monica has been working in/with French Immersion teachers for over twenty years. She is currently a Lecturer in the Faculty of Education at SFU. Through her PhD on the bilingual identity of French teachers in BC, she created a new course for pre-service teacher candidates, which offers them support for their L2/L+ identity. From K to University, she aims to help plurilingual teachers and students thrive and find pleasure in learning languages.

En immersion française, qu'on le veuille ou non, nos élèves ont parfois recours à l'anglais pour communiquer, puisque c'est souvent leur langue dominante. Toutefois, ça peut être difficile de les encourager de parler le français le plus possible. La solution n'est pas un seul système mais bien un ensemble de pratiques qui tiennent compte des besoins langagiers et émotifs ainsi que le développement des habiletés d'auto-régulation de nos élèves. Dans cet atelier prévu pour tous les niveaux, nous explorerons ces pratiques tout en examinant notre propre relation avec l'anglais et le français.

A- Rethinking the Cumulative Gradebook: Redesigning Assessment for 2025

- Ryan Cho

Secondary

Cross-Curricular

Ryan – Please bring “a laptop or digital device.”

Ryan Cho teaches Social Studies, English and Music at Terry Fox Secondary in Port Coquitlam. He's received recognition and awards for his classroom teaching and resources related to social justice, and is currently working on his Master's degree of Indigenous Education from Queens University.

The advice from the Ministry of Education is that courses be assessed on proficiency rather than content and that teachers base grades (including percentage grades) on snapshots of skill level rather than cumulative gradebooks. But how the heck do you do that? Participants will look at ways to design competency-based assignments. Moving towards qualitative-based assessment is one way (to at least try) to decolonize assessment practices, and we will explore how to do that while still generating an end of term percentage grade that makes sense.

A- Screenagers: Under The Influence

- Carol Todd and Shaunna Martin

Intermediate - Secondary

Core Competencies, Mental Health, PHE

Carol Todd is the Coordinator of Supportive Technologies and Digital Literacy/Citizenship with SD43. Carol is a strong advocate of Digital Citizenship and Online Safety with children, youth, and families. Her vast knowledge in this area allows her to share information and resources that create increased awareness and education in classrooms and in the community. Shaunna Martin is a former teacher/counsellor and is now the Coordinator for Well-Being and Positive Mental Health in SD 43.

Screenagers Under the Influence focuses on practical solutions for keeping our teens safe in a changing world. It also includes many ways young people are using their wisdom and strength to help each other and themselves through this complicated terrain around substance use.

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A- Seesaw: Enhancing Compassion, Caring, and Curiosity in Education

- Nicole Cruz and Krystal Yang

Kindergarten - Intermediate

Cross-Curricular, STEAM

Nicole & Krystal- Please bring “your laptop and charger.”

Nicole is a District STEAM Support Teacher and Seesaw Ambassador. She is committed to providing creative, innovative, and inclusive learning experiences for all. These initiatives are aimed at nurturing creative problem solvers and critical thinkers who are well-equipped to address real-world challenges. Krystal Yang has been the technology teacher at Harbour View Elementary for the past 5 years. She has taught students grades K-5 on topics such as digital literacy/citizenship, typing, MS Office, coding, robotics, e-book creation, video game design, and Minecraft Education. She is currently working on her Master’s of Educational Technology, with a focus on 3D printing education in elementary school contexts.

During this interactive workshop, we will explore how Seesaw can build meaningful connections, foster collaboration, and inspire innovation. We will also go over practical strategies for integrating Seesaw into your teaching practice. Whether you are new to Seesaw or looking to deepen your practice, this workshop offers valuable insights and hands-on experience to empower you and your students. By the end of the session, all registered participants will be equipped with classroom-ready activities and swag to support their Seesaw journey.

A- Simulation Based Education in Social Studies

- Paul Aitken and Paul Chaffee

Middle - Secondary

Social Studies

Paul & Paul – Please bring “a laptop as well as a positive attitude as this will involve some participation in small versions of the simulations.”

Paul Chaffee and Paul Aitken are both Social Studies teachers at Heritage Woods Secondary and have had success integrating simulation based activities into their practice in Social Studies 9/10, History 12, Law 12 and Political Studies 12.

This workshop will be about integrating simulation based activities such as Civic Mirror, Mock Parliament, Mock Trials and other simulations into your practice to enhance student understanding of the Social Studies curriculum at various levels.

A- Soapstone Carving

- Victoria Eftimova & Phoebe O'Shea – Studiostone Creative



All ages

ADST, Visual Arts

This workshop will cost \$19/person for supplies, invoices will be sent out and must be paid before the CTA PD day. Yellow forms cannot be used for reimbursement.

Founded by Oliver Harwood, who runs one of BC's largest carving ateliers, Studiostone Creative offers engaging stone carving workshops and DIY kits. Our skilled instructors, Victoria Eftimova and Phoebe O'Shea, bring over five years of teaching and carving expertise to ensure you create a beautiful sculpture to take home.

In our workshop sessions, you'll carve a soapstone Eagle (Session A) and a Polar Bear (Session B). Along the way, you'll discover fascinating facts about soapstone, its historical uses, and its cultural significance to the Inuit people of Canada. All tools and materials are provided—just bring your creativity! Get ready for a fun and hands-on exploration of one of the world's oldest sculpting techniques.

A- Social Justice Through the Arts

- Sapna Daniwall - BCTF



Intermediate - Secondary

Arts, Social Justice

This interactive workshop will provide participants with an understanding of how to develop a culture of inclusivity and equity for practising in our learning spaces. Participants will develop vocabulary, especially for addressing groups, that reflects inclusion and social justice and will learn how to engage in co-operative arts practices as a community-building tool. Relevant extensions, project ideas, and resources will also be included.

CANCELLED

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A- Strategies to Teach Friendship Skills for Students with ASD

- Grace Mok- POPARD



Kindergarten – Middle

Inclusive Learning, Learning Support, Literacy

Grace is a Board Certified Behavior Analyst (BCBA). She holds a Master of Arts degree specializing in Special Education from Arizona State University. Her current interests include functional communication, teaching vocational and executive functioning skills. She believes each child has their own way of learning and we, as educators and parents, should teach the way they learn to reach their fullest potential. In her spare time, Grace enjoys reading, hiking, and spending time in nature.

Friendships help all students develop socially, emotionally, and personally. Students with ASD often struggle to build and maintain friendships and have fewer friends than their typically developing peers. While many interventions focus on teaching social skills to individuals with autism, peer-mediated instruction and intervention focuses on teaching typically developing peers ways to interact with and support learners with ASD, which in turn increases social skills of the student with ASD and fosters friendships in the classroom. Participants will learn about the benefits of friendship, types of peer-mediated interventions, steps and strategies used in implementing peer-mediated intervention, and promoting friendships in the classroom.

A- Streamline Reporting with Office 365 Tools

- Jocelyn Deck



Middle – Adult

Teaching Skills

Jocelyn- “Please bring a laptop.”

Jocelyn Deck is a Home Economics and English teacher in SD43. She has been teaching for 20 years, working with students from middle school to adult learners, in both public and private schools, in 5 different countries. She is currently in the Home Economics department at Pinetree Secondary.

Anecdotal reporting for multiple classes can be overwhelming! Learn how to streamline your report card writing by using easily-accessible tools like Microsoft Forms, Excel and Word. We'll review building a form, branching, using spreadsheet formulae, and creating a mail merge. Create your own comment bank using leveled competency language while also allowing for personalized observations and student reflection—all in one place! Participants should bring their own laptop.

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A- Supporting (Mental) Health for You and Your Students Using Indigenous Methods

- Danielle Kraichy & Jessica Bell

Middle - Adult

Core Competencies, Indigenous Education, SEL

Danielle is Red River Métis from Treaty 1 Territory and is in her 5th year of teaching. She was previously an Indigenous Youth Worker in the District and has worked in middle schools and high schools. Jessica is Nak'azdli Whut'en and Settler. She is in her 18th year of teaching in the Coquitlam School District and has worked at various grade levels and subject areas.

By using the medicine wheel, an Indigenous tool used for wellbeing and many other important cultural practices, Jessica Bell and Danielle Kraichy will guide educators in ways they can support their students' and their own mental (and holistic) health. The Medicine Wheel is connected to multiple Indigenous groups, including the Anishinaabe, Blackfoot and Cree, and educators will be learning practical tools for wellbeing through experiential activities and ready to go resources.

CANCELLED

A- Supporting SEL and Building Student Confidence in Mathematics

- Kiren Chand & Adi Aharon

Intermediate – Secondary

Inclusive Education, Math, SEL

With over 20 years of experience, Kiren Chand has taught core math to grades 6-8 students, led targeted pull-out programs as an LST, and helped at-risk students in a behavior support program to improve math skills, confidence, and engagement.

Adi Aharon, an educator with 15+ years of experience, uses technology and inclusive practices to support diverse middle school math learners. Her journey proves that meaningful math teaching doesn't require a traditional math background.

A sense of belief and belonging are critical to success in any math class. Through hands on activities, take home resources, and demonstrations, we will share structures, games, and routines to increase student engagement. Creating a learning environment where students feel comfortable taking mathematical risks while building confidence and having fun is essential. We will utilize simple, easy to incorporate strategies to promote inclusion, growth mindset, accessibility and participation in your math class.

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A- Taking Care of Your Voice: Vocal Hygiene for Teachers

- Jennifer Hayes - PoMo Arts



All Levels

Health and Wellness

Jennifer – Please bring “a water bottle and notebook.”

As a music educator, Jennifer has worked with children and adults of all ages. She has taught private voice and piano lessons for over 25 years in addition to presenting numerous workshops for educators and students at facilities such as Simon Fraser University, SD43 and the City of Coquitlam. Jennifer currently teaches voice lessons at the Port Moody Arts Centre and is a member of the North American Association of Teachers of Singing.

Join professional Vocal Coach and Musician Jennifer Hayes, as she breaks down the workings of the voice. This workshop will walk you through the essentials of vocal hygiene and how to prevent vocal fatigue and injury. Jennifer will show you essential exercises and tools, focusing on the body and breath to help you strengthen and empower your voice. This workshop is essential for all professionals who use their voice daily, especially Music, Drama and Physical Education teachers.

A- Tropical Terrarium

- Jennifer Swann & Rebecca Iwata



Secondary - Adult

Environmental Science

This workshop will be \$60 per participant, invoices will be sent out and must be paid before the PD day. Yellow forms cannot be used for reimbursement.

Jennifer & Rebecca – Please bring “garden gloves if desired and your enthusiasm!”

Jennifer and Rebecca extend their passion for creating beauty with plants by curating and leading engaging botanical workshops within Gardenworks. With over 70 years combined experience and presentation skills, they have created a vibrant learning environment within the store. Empowering attendees with hands-on experiences and valuable insights into plant knowledge, care, design, and environmental sustainability. Their commitment to education echoes their belief that sharing the joy of gardening and cultivating a deeper appreciation for plants and botanical designs.

In this tropical terrarium hands-on workshop, participants will create their own unique terrarium, learn about the basics of terrarium planting and care, and obtain valuable knowledge and tips and techniques to ensure a thriving environment for the plant's success.

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A- Using Projects to Assess Curricular Competencies in Science Courses

- Sonia Milbradt

Secondary

Science

Sonia- Please bring “examples of your own projects.”

Sonia is a high school teacher who taught science for the past decade in the Burnaby school district. She has a Master’s degree of Physics and also has an interest in inclusive education. She currently is a Learning Services teacher at Pinetree Secondary School.

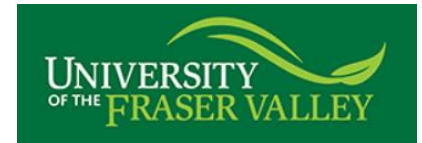
In this workshop, Sonia will discuss competency-based projects that they have developed and piloted in science courses. These projects not only allow students to demonstrate their proficiency in the science competencies, but also foster a deeper understanding of concepts alongside these competencies. Sonia will also provide time for participants to share and discuss projects that they have used to assess student learning.

A- What High School and Middle School Students Need to Know About Climate Change

- Dr. Tim Cooper

Middle – Adult

Science



Dr. Tim- “Nothing is required, but pen and paper might be a good idea.”

Professor Emeritus in Physics (PhD in nuclear physics), Dr. Tim has presented over 200 times on climate change over the last 21 years. He presented at our Coquitlam PD day last year for two sessions with about 20 teachers in each.

Dr. Cooper (Tim) will present a quick overview of the science; how we know what we know. What will happen in the future if the world continues with current emissions levels. This includes when we hit several of the earliest tipping points. Discussion of solutions (engineering/tech), economics and (unfortunately) politics.

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A- Yoga Tools for Teachers

- Bryony Ollier- The Yoga Buggy



Primary

Mindfulness, SEL, Yoga

Bryony – Please bring “a yoga mat, if you wish.”

Bryony came to kids yoga as a parent and educator while living in Japan. With a background in theatre and music, she found a natural talent for teaching children's yoga. Through her training with Yoga Ed, she began training children's yoga teachers in Japan before continuing in Canada in 2016. Since then, she has continued bringing yoga and mindfulness to children and educators in Vancouver and the Lower Mainland.

Educators will leave the workshop with Yoga & Mindfulness based tools and techniques that they can use confidently and immediately to help themselves and their students feel like the best versions of themselves. We hope that these tools become life skills that young people can develop throughout their lives to cope with various situations that come along.

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Session B Workshops – 1:00 – 2:30 p.m.

B- Courageous Compassion: Practicing It, Modelling It

- Lisa Baylis – KEYNOTE



lisa baylis

All Levels

Cross-Curricular, Mental Health, SEL, Teacher Wellness

***Lisa Baylis** has been sharing well-being strategies for the last 20 years. A natural-born connector with an innate ability to make people feel valued and heard, she is a teacher, a counsellor, a speaker, and a mother. Lisa is a published author of **Self-Compassion for Educators**, as well as, the creator of the AWE Method — Awakening the Wellbeing for Educators — which merges self-care, mindfulness, and self-compassion. As a teacher, Lisa has taught internationally and locally. Much of her vast teaching experience was gained in classrooms across British Columbia as a school counsellor. She is currently a Doctoral student at UBCO while working in the role as Education Director for the Center for Mindful Self-Compassion, the non-profit organization created by Drs. Kristin Neff and Chris Germer to spread self-compassion around the world.*

This 90 min workshop is set up to introduce the foundations of self-compassion and delivers practices that can be used in and out of the classroom. Participants will be led through exercises to understand the fundamentals of self-compassion, recognize their inner-critic, and to access self-compassion in moments of burnout and fatigue (especially in relation to burnout experienced currently in schools). This session will be interactive, and participants will be encouraged to try the practices and share their experiences in small groups. This session is open to everyone.

Objectives:

- To understand the three components of self-compassion
- To practice informal self-compassion practices
- To know the difference between empathy and compassion
- To practice prioritizing self-care through the Quick Six

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B- 8 Useful Things to Know About Trauma and Learning

- Kim Viljoen

Kindergarten – Secondary

SEL

Kim- Please bring “Yourselves.”

Kim is a Licensed School Psychologist in the Coquitlam School District. She is interested in how early trauma affects brain development, learning and behaviour. She has extensive training in Dr. Bruce Perry's Neurosequential Model of Therapeutics and other models.

Students with backgrounds of stress and trauma can have a difficult time learning and coping in the classroom and school environment. This session gives an overview of what trauma is, how it affects brain development, and 8 concepts that would help a teacher better understand their students with backgrounds of trauma and some strategies for helping them learn.

B- ADHD Educator Sharing and Support Session

- Ben Whipps

All Levels

Inclusive Education

Ben- Please bring “(optional but encouraged) a list of any resources that have been useful to them in their careers that they would be willing to talk about/share.”

Ben is an Educator in the district. As a person who both works with students with ADHD and has ADHD, he has insight into the experience.

A safe, non-judgmental and supportive space for educators with ADHD to get together and talk about some of the unique challenges and experiences that we have had navigating our careers and personal lives. Also, a space where we can share resources, tips and strategies that have helped us along the way. This is a workshop for educators who themselves have ADHD, not a workshop for educators of students with ADHD.

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B- AI for Educators: An Introduction to AI and Use Cases for Teachers

- Geering Up Professional Development Team

Intermediate – Adult

Artificial Intelligence, STEM, Technology

Geering Up- Please bring “a laptop is preferred, however participants could use their phones/tablets if a laptop is not available.”

***UBC Geering Up Engineering Outreach** is a team within the Faculty of Applied Science with the mandate of promoting science, engineering, and technology to youth across British Columbia. Our professional development team works to empower teachers to create future-ready, inclusive classrooms guided by values of technological literacy, creativity, and sustainable development. Together we’re in the business of building a friendlier future for everyone.*

In today’s world of rapidly advancing technology, understanding Artificial Intelligence is essential for educators! This engaging workshop will introduce you to the basics of AI—what it is, how it works, and how to use it effectively. Explore positive uses for AI in the classroom, participate in a hands-on activity, and learn how to design AI-resilient assignments that keep your students thinking critically. Join us and learn about the future of AI in education!

Sponsored by

SD43 Drama LSA

B- Backstage Basics: Tech Overview at River’s Edge Theatre

- Coco Roberge

Primary - Secondary

Drama, Music



Coco- Please bring “curiosity, questions.”

Nicole "Coco" Roberge (Riverside Secondary) is a teaching artist specializing in communicative, creative, inclusive curricular development and classroom culture rooted in community-building. She's also skilled in grant writing, casting, choreography, devising, all aspects of theatre production and playing with purpose. Coco graduated from New York University (M.A. Performance Studies) in 2010 and from UVic's Theatre in Education program in 1999.

Are you looking at improving your performance venue at school? Get an overview (or review) of technical basics: sound board, lighting board, lavalier microphone set up, backstage protocols. At Riverside, the theatre is a multipurpose space: cafeteria by day and theatre by night. Coco has produced 14 years of one act festivals, musicals and events in this space and is still learning. Let's collaborate! Questions welcome. Further time to work with any of the equipment is possible too. Resources/contacts provided.

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B- Basic Bees

- Cassie Gibeau- Honeybee Centre

Kindergarten - Secondary
Outdoor Education, Science



This workshop will be \$5/person, invoices will be sent out and must be paid before the CTA PD day. Yellow forms cannot be used for reimbursement.

Cassie- “Wear clothing you don’t mind getting wax on.”

Cassie is an owner at Honeybee Centre and ECE, responsible for Education, Outreach and Events. She has been educating kids, youth and adults on the importance of bees and our environment for the past 8 years. Cassie is one of the growing number of women who recognize that we need to design a succession plan for beekeeping both locally and globally to evolve its role in food security, sustainability and our climate.

Do you love bees? How about flowers and blueberries, and watermelon, and oranges and apples... Beekeeper Cassie from Honeybee Centre talks about the difference between honey bees and native pollinators, life cycle, roles of the different honey bees, pollination, and civic duty. Our fun and silly bee talk will inspire you to be curious and encourage participation in a better future for pollinators and our planet. Leave with a reusable eco-friendly beeswax wrap.

B- Beavers Are Eco-Heroes! Reimagining Science and STEM Using Humane Education

- Allison Simpson- BCSPCA

Intermediate
Cross-Curricular, Outdoor Education, STEM

Sponsored by BC SPCA

Humane Education

BCSPCA
SPEAKING FOR ANIMALS

Allison- Participants should bring “Nothing - except their curiosity and imagination! Participants should be prepared to go outside (sturdy walking shoes, raincoats, layers). We will provide all other learning materials. We want our session to be as inclusive as possible. If you need accessibility accommodations, please let us know.”

Allison is a BC-certified teacher and professional educator with 15 years of experience working with students in Kindergarten to College, as a classroom teacher and tutor, specializing in developing education plans to meet the needs of individual students. Allison joined the BC SPCA as a Humane Educator in 2016. This role merges her passion for teaching and love of animals and allows her to create engaging and empowering experiences for youth.

This workshop will introduce teachers to outdoor learning and humane education, using beavers as a guide to create animal-themed experiential, cross-curricular lessons for grades 4 through 7. Focusing on a central inquiry question (How are beavers eco-heroes?), participants will be given print/digital resources and guidance on how to shape STEM lessons, outdoor learning experiences or service projects that motivate their learners and uplift student voices. BC Curriculum links will be highlighted, with the hope that everyone leaves with an activity to use in their class.

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B- Becoming Agents of Change through Critical Thinking: Insights from Freirean Conscientização and Pedagogy of the Oppressed

- Eugene Melnik

Middle - Adult

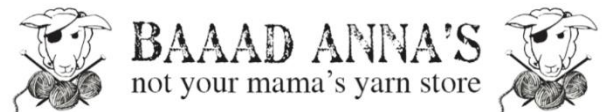
Inclusive Education, Social Studies

Eugene is a teacher at Pinetree Secondary School and a graduate student/researcher in educational psychology at SFU, where he examines the dynamics of parent-teacher-student relationships and promotes critical thinking in K-12 education. His research and professional interests integrate cognitive and sociocultural perspectives on learning, focusing on metacognition, motivation, and self-regulated learning.

Using the Pedagogy of the Oppressed as a lens, this session explores how fostering critical thinking can liberate students from limiting social views. Together, we'll address 'Dehumanization' and 'Internalized Oppression,' guiding students to reclaim their voices and challenge norms. Through conscientização (critical awareness), we'll discuss building a classroom culture that empowers students toward self-liberation. The session will suggest classroom exercises for critical thinking at every level.

B- Bringing Fibre Arts Into Your Classroom

- Paula Lindner



All ages

Arts, Inclusive Education, Tactile Hands-on Learning

***This workshop will be \$15 per participant, invoices will be sent out and must be paid before the day. All fibre arts materials will be included. Yellow forms cannot be used for reimbursement.**

Paula- "All fibre arts will be included."*

Paula is the owner of Baaad Anna's Yarn Store in East Vancouver, and Baaad Rabbit's Fibre Arts in New West. Braiding small business with community development, Paula aims to create a space where people come together and learn from each other, and have a sense of community while crafting, creating and conspiring!

With the paradigm of hands-on tactile learning, Paula describes a variety of ways fibre arts can successfully be brought into a classroom with little prior skillset and at an accessible price. Teachers will learn how to find projects and online resources, how to source free and low-cost material, strategies to build skills into learning tools, whilst also enjoying a hands-on craft time during the session.

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B- Bringing the Northern Spotted Owl Conservation Story to the Classroom

- Jasmine McCulligh – Northern Spotted Owl Breeding Program



All Levels

Science

Jasmine – Please bring “pens or pencils.”

In 2013, Jasmine (she/her) joined the NSOBP after earning her BSc in Wildlife Biology from the University of Guelph. Her lifelong dream was to raise baby animals for eventual release into the wild. Jasmine manages daily operations at the breeding centre, coordinates outreach and partnerships, handles communications with funders and partners, and provides training, and hands-on animal care.

Learn about opportunities to bring the spotted owl conservation story into your classroom in a variety of ways including one-hour in class presentations that include an audio/visual component, activities tailored to participants, and an owl meet and greet. We also offer online webinars and virtual outreach packages for teachers.

B- Canadian Geographic Indigenous Peoples Floor Map of Canada

- Giannina Lopez - BCTF



Intermediate - Secondary

Indigenous Education

Join us for a workshop to explore the Canadian Geographic Giant map showcasing Indigenous communities, residential schools, reserves, and more. Rather than political borders, Canada is broken up into Indigenous language groups. Learn more about the diverse voices and stories of Indigenous Peoples and gain a deeper understanding of the past, present, and future. Discover how to incorporate this resource into your teaching to benefit your students and in connecting with Indigenous communities and organizations in your area. A teachers' guide also accompanies this map.

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B- Circles of Support

- Katie DeReus and Cathy Pitman

Kindergarten – Secondary
School Counselling

Sponsored by
Coquitlam School Counsellors'
Association



Katie is a School Counsellor/ Registered Clinical Counsellor closing in on two decades of experience supporting children, families and educators within the school system. Katie is passionate about community, relationships and professional growth. Katie has co-created this session, originally for the BCSCA PSA day hosted in Victoria last October, in which the process group oriented focus on counsellor wellbeing was very well received and highly attended. Cathy Pitman has had the pleasure of joining ten school communities through a Teacher Counsellor lens for over ten years, with experience at both the elementary and middle school levels. She is passionate about connecting with and learning from others.

This BCSCA created workshop focuses on fostering collaboration, trust, and personal well-being among K-12 school counsellors. It offers time and space for building community, addressing professional challenges, and enhancing personal and professional growth, all within the framework of social-emotional learning and professional development.

Information to be Covered:

Participants will explore how shared experiences and intentional conversations can build a supportive professional community. Key takeaways include:

- Thoughtful prompts and guided discussions to deepen connections and address challenges in counselling
- Exploring self-care and managing compassion fatigue to maintain mental well-being
- Considering counsellors' needs within school communities
- Goal-setting exercises to inspire professional growth

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B- Comment faire aimer le français à l'aide d'un bilinguisme positif ?



SIMON FRASER
UNIVERSITY

- Dr. Monica Tang and Thierry Bruxelles- Faculty of Education, Simon Fraser University

All Levels

French Immersion

Monica has been working in/with French Immersion teachers for over twenty years. She is currently a Lecturer in the Faculty of Education at SFU. Through her PhD on the bilingual identity of French teachers in BC, she created a new course for pre-service teacher candidates, which offers them support for their L2/L+ identity. From K to University, she aims to help plurilingual teachers and students thrive and find pleasure in learning languages.

Comment faire pour que les élèves d'immersion (et de français de base) aient la soif de continuer leurs études en français ? Pourquoi cela semble-il être un défi à l'heure actuelle dans nos classes ? Ce questionnement est à la base du dialogue entre Monica et Thierry pour promouvoir un bilinguisme positif essentiel dans nos programmes de français. Le développement de l'amour propre des élèves concernant leur niveau de français est au cœur de cette démarche. Transformer nos rétroactions en élargissant son focus peut en définitive apporter un sentiment de compétence à nos finissant·es.

Alors, comment promouvoir un bilinguisme positif en classe ? Ça ressemble à quoi ? À partir des recherches de Monica, Thierry a pris sa classe de 12ième comme un laboratoire expérimental. Si l'on repensait l'approche habituelle sous un angle différent : plus de choix, plus de liberté, plus de focus sur le culturel, le social, la rencontre et en définitive, la découverte de soi-même.

Pour commencer la démarche, il fallait que les élèves de Thierry sortent de leur zone de confort. Monica est venue présenter à la classe les 4 dispositions d'une identité bilingue positive. Leur faire adhérer à l'expérience pour leur montrer qu'à travers les risques qu'ils vont prendre l'épanouissement personnel arrivera et leur sentiment d'appartenance aussi.

Explorez comment appliquer ces mêmes principes du secondaire au primaire et observez les répercussions surprenantes qu'ils peuvent avoir sur l'ensemble de vos classes. Suivez ce fil conducteur vers la découverte inattendue d'un bonheur chez vos élèves.

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B- Copilot: AI At Your Fingertips

- Sean Robinson

All Levels

Artificial Intelligence

Sean- Please bring “a laptop.”

Sean is an SD43 Technology and STEAM Support Teacher. He has taught for 30 years in elementary, middle, high school, student services, and adult settings. Through professional development events, workshops, and team teaching, he has helped educators leverage technology to deepen and strengthen student learning.

In this interactive workshop, educators will explore the evolving world of artificial intelligence and learn how to harness its potential for enhancing teaching and learning experiences. We'll delve into various aspects of AI, including complex prompting, using Copilot, leveraging resources and prompt banks, and ethical considerations. Whether you're a seasoned educator or just starting your AI journey, this session will help you with practical strategies and insights to become an AI champion in your educational context.

B- CMTA Middle and Secondary Share

- Nick De Vita

Middle – Secondary

Music

**Sponsored by
Coquitlam Music Teachers'
Association**

Nick De Vita has taught music for nearly 15 years and has experience teaching from K-12, though most of his years have been spent in middle and secondary music. He has experience cultivating collaborative relationships with other music teachers and has mentored teachers new to music teaching positions as well as student teachers shared with Rouvin Seah, his current teaching partner. Nick has made an effort over the years to innovate in his own teaching practice and connect with teachers using innovative practices in their own music classrooms and ensemble rehearsals. He hopes to share what he has learned over the years and learn some new ideas and practices from others.

This session is an opportunity for middle and secondary music teachers to meet and discuss what is working and not working in their classrooms and collaborate to identify solutions and generate new ideas to better reach and teach music students. The goal of this session would also be to discuss interests for future professional development and create goals and a plan that meets the needs and interests of the LSA.

B- Counselling in the School Setting **- Cindy Campbell and Marina Steeves**

All Levels
School Counselling

Sponsored by
Coquitlam School Counsellor's
Association



Cindy & Marina – Please bring “some cases (anonymously), past and present, to review or support for current practice.”

Cindy Campbell is currently a high school counsellor with a Master's of Education in Counselling Psychology. She has worked as a teacher for 22 years, and as a high school counsellor for 12 years. Cindy is passionate about building connections and supporting families and colleagues. She also wants to support her peers in collaborating and professional development. Marina Steeves is currently an elementary school counsellor with a Master's of Education in Counselling Psychology. She has worked as a teacher in a variety of settings from elementary to university in and out of doors. Marina loves to collaborate with all people to wrap around students and provide the best support possible. She is a life long learner and is looking forward to learning from all those who attend this workshop.

Participants will explore challenging cases and build their tools for meeting the needs of the students and families that they work with in their school community. There will be an opportunity to share successful approaches and resources accessible for counsellors to have a well-rounded, informed approach for the counsellor. We expect participants to bring with them some cases (anonymously), past and present, to review or support for current practice. We will also provide exemplars from our past caseloads.

Key take-aways include:

1. Considering consultative approaches to support our practice
2. Accessing unknown resources to support our school community
3. Providing a safe constructive platform for case reviews

B- CPABC Financial Literacy for Schools **- Tierra Pawluk - CPABC**

Adult
Financial Wellness



Tierra Pawluk is the Financial Literacy Program Specialist at CPABC, connecting CPA's award-winning Financial Literacy program with grassroots communities. She is passionate in supporting British Columbians make more informed financial decisions while enriching volunteer, school, and community partner experience.

Learning practical financial skills in the classroom can set students up for financial success in the future. The CPA Financial Literacy Program delivers free and unbiased financial education to equip students with the knowledge and confidence they need to make smart financial choices and accomplish their life goals. This session will cover session options for teachers from grades 4-12. We will also do a sample of a session (shortened version).

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B- CUE43 Show and Tell

- Camy Ng & Elaan Bauder

Kindergarten – Secondary

Cross-Curricular

Sponsored by
CUE43 LSA



Camy & Elaan- Participants should bring “A willingness to try out some tech!”

Representatives from CTA's Local Specialist Association CUE43, a community for educators interested in integrating technology into their practice, are hosting this workshop. Camy is based at Coast Salish and Elaan at Inquiry Hub.

Enjoy a show and tell of CUE43 resources that we offer for EPEF! Come see, try out, and sign out items... all in 90 minutes through the easy CTA lending library process. Some library items may include: Scratch Jr. coding cards; ADST books; Osmo and Arduino kits; Sphero Ramps; Stikbot Movie Sets; Oculus Merge VR goggles; Solar Robot Kit; and Makey Makey. Bring your ideas for new library items and there will be prizes!

CANCELLED

B- Digital Classroom – Elementary Focus K-8

- Mike Silverton- Focused Education Resources

Primary – Middle

Cross-Curricular

Sponsored by



Mike- Please bring (although not required) “a connected device will provide for a more interactive session.”

Mike has been providing professional development and in-service to teachers for most of his career. He has taught from elementary to the graduate level and has a wide range of experience to draw upon to provide enriching workshops for all. Mike is the Coordinator of Professional Learning for Focused ED, the Past President of the Computer Using Educators of BC PSA (CUEBC) and an Honorary Lifetime Member of the BCTF.

The Digital Classroom is a Collection of over 20 core online content resources that are ****free**** to Public Schools in BC. This session will look at the resources available, BC curriculum alignment and their licensed / intended grade levels. In addition, learn how to use advanced search features to adjust/find different reading levels, have it read aloud, learn through video, search by limiting Lexile levels, or translate the information sources to various languages. Access through school networks with no login or password required.

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B- Digital Literacy and AI

- Jennie King- Science World



Primary – Secondary

Technology

Jennie King is the Educator Programs Manager at Science World in Vancouver. With over a decade of experience in K-12 education, Jennie now works to support educators through engaging, hands-on experiences in science and technology.

Digital literacy is a means by which we filter and analyze information. Participants will explore digital literacy by reflecting on how technology and media shape our understanding of the world. Let's explore strategies for teaching our students to interact responsibly and safely with digital technology. We will pay special attention to why the need for robust digital literacy skills is even more important in the age of generative artificial intelligence; we will also investigate the benefits and drawbacks of AI in the classroom.

B- Dungeons and Deskmates: Interactive Storytelling in Class

- Andrew Campbell & Dawn English



Middle

Cross-Curricular, English & French Language Arts, Math, Social Studies

Andrew & Dawn- Please bring “a pencil and eraser.”

Andrew Campbell and Dawn English are middle school French immersion teachers at Banting Middle School who are passionate about awakening students to their heroic qualities and potential.

Dungeons and Deskmates is a cross-curricular interactive storytelling tool that you can use in your classroom to engage students by having them be the heroes in a story you tell together. In this session, we will play through a chapter of Dungeons and Deskmates, followed by a debrief on how we embed curricular connections and common troubleshooting tips so you can incorporate it in your own classes.

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B- Elevated Engineering: Challenges to support Student Resilience

- Geering Up Professional Development Team

Primary – Middle

ADST, Engineering, Science, SEL, STEAM



***UBC Geering Up Engineering Outreach** is a team within the Faculty of Applied Science with the mandate of promoting science, engineering, and technology to youth across British Columbia. Our professional development team works to empower teachers to create future-ready, inclusive classrooms guided by values of technological literacy, creativity, and sustainable development. Together we're in the business of building a friendlier future for everyone.*

Ready to take your classroom activities to the next level? In this workshop, participants will explore ways to transform simple engineering challenges—such as building a popsicle-stick bridge or an earthquake-resistant tower—into activities that actively support social-emotional learning. Through hands-on participation and group discussion, we'll examine how these challenges can be adapted to foster inclusive learning environments and student resilience. Leave inspired to create engaging and adaptable activities that meet students where they are!

B- Empowering Readers: Navigating the Sora Reading App

- Alicia Linden

Intermediate - Secondary

English Language Arts, Teacher-Librarian



Alicia – Please bring “your laptop and charger.”

Alicia Linden, Coordinator of STEAM and Resource Innovation, has over 15 years of diverse teaching experience. A passionate advocate for inclusive education, she leverages STEAM as a platform for creative, student-centered learning and practical problem-solving. Alicia holds a Master's degree of Educational Technology and Design and has served as a course advisor at the University of Saskatchewan. As a former STEAM support Teacher and Teacher-Librarian, she pioneered initiatives in coding, robotics, green screen technology, and 3D design, fostering innovation and engagement across learning environments.

This workshop is designed specifically for teacher-librarians and will provide an in-depth overview of the SORA platform, focusing on how it can support literacy development and enhance reading engagement in Library Learning Commons (LLCs). Participants will explore SORA's features, including its extensive digital library, accessibility tools, and personalized reading options. The sessions will offer strategies for integrating SORA into LLC programs and promoting a culture of reading within the school community. Additionally, we will explore multilingual books titles, including French, to support a variety of language programs.

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B- Escaping the Settler (only) Perspective

- Craig Geddes

All Levels

Cross-Curricular

Craig is a Doctoral Candidate and Former sessional instructor in the SFU Faculty of Education.

Born and raised in Port Alberni, the traditional and contemporary land of the Tseshaht First Nation, Craig now works in the Social Studies Department at Terry Fox Secondary School.

The goal of this workshop is to explore how teachers and society can continue to progress towards a process of reconciliation with indigenous peoples by exploring the historical injustices committed. There is value in reflecting on how each of us understands historical notions of colonization, so we can pass this on to students in a manner that more accurately reflects the perspectives of those who were the subjects of that process.

B- FASD and Trauma-Informed Learning Environments: Safety, Co-Regulation, and Learning

- Stace Kelsh - POPFASD

Intermediate - Adult

Complex learners, instructional, strengths-based strategies, mental health

**Sponsored by
Ministry of Education**



Stace- “Bring your curiosity and an interest in how state-dependent instruction works in the classroom”

For more than sixteen years, Stace has had wonderful opportunities to teach in a variety of diverse public education settings. As a classroom teacher, resource teacher, university sessional instructor, and provincial educator, he has taught at all levels, from elementary to post-secondary. It is his honour to learn from and share his knowledge and experiences with educators around the province. It is a sincere passion to support educators to enhance their practice and grow their capacities to reach, teach, and include students impacted by prenatal alcohol exposure.

Adverse Childhood Experiences (ACEs) continue to impact learners and invite educators to learn about “state dependent” learning for complex neurodevelopmental conditions, including FASD. In this 90 minute session, we will explore the overlapping characteristics of FASD and trauma. Learn strategies to address adult regulation and co-regulation. We can explore trauma-informed school environments with applied insight, relational strategies, and explicit instructional techniques.

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B- From Burnout to Balance: Navigating Fatigue and Fostering a Positive Culture

- Rubina Garcha & Michelle Meier- Asher Wellness Group

Middle – Secondary

SEL

Rubina & Michelle- Participants should bring “Nothing 😊”

Rubina & Michelle are experienced high school counsellors & RCCs who co-founded Asher Wellness Group, a private practice in Langley. With a deep understanding of the challenges faced by educators, they specialize in supporting emotional resilience & promoting well-being. Through their work, they offer practical strategies to help individuals navigate compassion fatigue & create positive, sustainable changes in both personal and professional lives.

This interactive workshop equips teachers with practical tools to strengthen emotional resilience, manage compassion fatigue, and foster a positive staff culture. Participants will gain psychoeducation and practical strategies through a discussion-based format, encouraging questions, shared experiences, and concerns. Through reflection and discussion, educators will gain insights and strategies to help navigate the demands of their profession while promoting a culture of care and connection among colleagues.

B- Functional Skills for Individuals with Autism & Other Developmental Disabilities

- Grace Mok- POPARD

Kindergarten – Middle

Inclusive Learning, Learning Support, Literacy



Grace is a Board Certified Behavior Analyst (BCBA). She holds a Master of Arts degree specializing in Special Education from Arizona State University. Her current interests include functional communication, teaching vocational and executive functioning skills. She believes each child has their own way of learning and we, as educators and parents, should teach the way they learn to reach their fullest potential. In her spare time, Grace enjoys reading, hiking, and spending time in nature.

Research has shown that individuals with autism may have challenges that affect one’s ability to enjoy a quality of life at a similar level of peers of the same age and stage of life. Quality of life is not static and can be enhanced in a dynamic way by discovering and experiencing new opportunities and possibilities. Context specific and individualized support strategies can be used to empower individuals with autism to actualize their potential and gain functional skills to increase independence, self-determination, interpersonal relationships, community involvement and physical and emotional well-being. This workshop will include strategies to identify, teach, guide and assess functional skills for individuals with autism and other developmental disabilities.

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B- Harvesting Knowledge: Engaging Your Students with Local Food and Agriculture

- Holly Johnson- BC Agriculture in the Classroom Foundation



Kindergarten – Middle

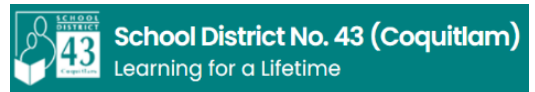
Health, Science, Social Studies

Holly is excited to begin her journey as the BCAITC's Education Specialist this school year. Raised on a small berry farm on Vancouver Island, she is ready to share her enthusiasm for food and first hand agriculture knowledge with teachers across BC. Holly has taught Kindergarten, Grade One, Grade Two, and Grade Four and has worked in independent and public schools in Vanderhoof and in Kelowna. When not helping teachers with the sharing of BC's Food Story, Holly likes to wrangle her three small children and pursue her new hobby of canning her freshly grown produce.

If you enjoy hands-on activities and resources that highlight the significance of BC food and agriculture, come and participate in our engaging workshop! Our mission is to share the story of BC's food and farming. Our website offers hundreds of free resources for teachers, providing up-to-date and accurate information about the origins of our food. Additionally, we present a variety of growing programs available for teachers to apply for- come and learn how to share your enthusiasm about BC food, growing, and sustainability with your students.

B- How Indigeneity and SOGI Intersect: Understanding Indigiqueer

- Maxine Jackson



All levels

Indigenous Education

Maxine- Please bring "a notebook and/or a laptop to take notes."

Maxine Jackson (She/Her) is a Queer Métis Teacher with SD43 Coquitlam. She is a NITEP alumni from UBC who has worked as an Indigenous Resource Teacher and now currently teaches English and English First Peoples at Riverside Secondary.

Navigating teaching while important issues such as Indigenous and SOGI rights come up is a daunting task for many teachers when they are on their own. This presentation will help inform Educators on how to build comfortability and confidence in conversing on these topics in the classroom, among staff, and in their community. Knowing how Indigeneity and SOGI intersect is an imperative step for inclusivity both in the classroom and out in our communities.

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B- How to Say ‘No’

- Julianne Harvey-**Ruby Finch Books**

All levels

SEL, Teacher Wellness



Julianne Harvey is an author, educator, and nurturer in South Surrey, BC. She’s the author of six books and holds an MFA and a BA in Creative Writing, along with a certificate in Counselling Skills. Her speculative climate novel, Post Civ, is available now. Please see julianneharvey.com and rubyfinchbooks.com for more information.

Teachers give a lot of themselves, so preserving energy is an important skill. With increased demands on our time and resources, decisions must be made to manage stress and avoid burning out. In this session, we’ll examine why it can be so hard to say no. We’ll cover handling the disappointment of others, strategies for setting and maintaining stronger relationship boundaries, and creating more space to enjoy life instead of feeling “crazy busy.” Prioritize your own mental health by learning how to say no with kindness and without guilt so your students can see how it’s done.

B- Kwikwetlem Meet and Greet

- Nancy Joe- **Kwikwetlem First Nation**

All Levels

Indigenous Education, Outdoor Learning



Nancy – “Please wear comfortable, weather appropriate clothing.”

OFF-SITE SESSION: Arrive 12:30 – 12:45 am Colony Farm Community Gardens parking lot, Colony Farm Road, Coquitlam, BC V3C 5X9

Nancy Joe is the Cultural Advisor for the kwikwəłəm Nation.

Curious about our local nation? The kwikwəłəm Nation is proud to host educators on their traditional lands of slakəyánc (IR1). You will meet members of the Nation and learn about the history of their lands and resources, visit the local ‘Transformer Stone’, and hear about their stories, traditions and culture. This is a **‘strictly limited’** workshop. Participants will park at the Colony Farm Community Gardens parking lot where volunteers will be waiting to accompany them to the Community Centre.

Please note that by registering you are consenting to have your name shared with the facilitators.

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B- L'utilisation de Jeux Coopératifs Pour Stimuler la Communication Orale et Développer Les Compétences

Linguistiques des Étudiants FRIM // Using Cooperative Games to Stimulate Oral Communication and Develop Language Skills in FRIM Students

- Shauna Beaton-Rae and Andrea O'Neill

Kindergarten – Middle

Language Development, SEL

Shauna Beaton-Rae est la Coordinatrice de langue et culture - SD43. Elle a 25 ans d'expérience en FLS seconde et l'orthopédagogie. Ses domaines d'expertises sont l'acquisition des langues additionnelle, l'évaluation, et des pratiques inclusives. Andrea O'Neill est professeure mentore qui travaille avec des enseignants/es de français de base et de l'immersion M à 12e. Andrea a enseigné plusieurs niveaux en immersion pendant ses 15 ans avec SD4

L'utilisation de jeux coopératifs pour stimuler la communication orale et développer les compétences linguistiques des étudiants FRIM. Comment les jeux peuvent renforcer les structures linguistiques et motiver les élèves à interagir dans la langue française parlée et écrite. Les animateurs/trices expliqueront comment intégrer les jeux et chaque participant recevra un jeu pour leur classe. //Using cooperative games to stimulate oral communication and develop language skills of FRIM students. Presenters will share how to incorporate games and participants will each receive a game for their class.

B- Math Assessment Options and Updates for Elementary and Middle

- Jennifer Whiffin

Kindergarten - Middle

Learning Supports, Mathematics

Jen is the SD43 Numeracy Coordinator and is also passionate about supporting all learners--including educators--in their mathematical journeys.

This workshop provides an overview of SD43 assessment options for elementary and middle school. These include the Collection Task, the FoNSI (Foundational Numeracy Assessment), and Middle Snapshots. We recommend teachers who are new to the assessments as well as those who have used them before. Why? We have made changes that you should know about. They are simpler and more enjoyable to both facilitate and mark.

B- A New and Expanded Pacific NW Coast Experience in Minecraft EDU

- Gavin Hanna

Primary – Middle

Social Studies, STEAM

Gavin- Please bring “a District laptop, a mouse (optional, but most prefer it), and latest version of Minecraft Education. Minecraft EDU should already be on your district laptop, but it may need to be updated to v1.21.06”

Gavin is in his fourth year as a SD43 STEAM Support Teacher. He works with teachers across the district regarding STEAM teaching and learning.

A Pacific NW Coast Experience is a Minecraft EDU world created in consultation with the Kwikwetlem First Nation. As students help a village prepare for winter, they discover the interconnectedness of all living and non-living things and the importance of sustainable harvest practices. The STEAM-focused learning activities in the game are designed as a spark for inquiry into deeper learning from indigenous peoples in the real world. The new and expanded Pacific NW Coast Experience now includes a clam garden harvest task, a trade mission to an interior village, and an elusive sasquatch!

B- Plant Walk

- Rob Cowie

All Levels

Environmental Education

Rob- Please wear “comfortable, weather appropriate clothing.”

Rob Cowie has been a teacher in the district for 30 years. For the past 10 years, he has been an Indigenous Resource Teacher.

Wondering what plants are growing around your school? Join Rob Cowie on a forest walk. You will learn about a variety of indigenous plant and tree species and how they are used traditionally. This workshop will give you the confidence to lead your own class outside to explore the variety of food, medicinal and technological plants which grow just outside your classroom.

**Sponsored by
Indigenous Education**

B- Play Together: Omnikin Inclusive Game Concepts for Everyone

- Don Hutchinson

All Levels

PHE

Don- Attendees should be: “ready to be active.”

OFF-SITE SESSION: Central Elementary, 2260 Central Avenue, Port Coquitlam, BC V3C 1V8

Don is currently an Elementary Principal in SD43. Prior to that he was the PE/Athletic Director at the Middle School Level. He is currently working with Indigenous Sport Physical Activity Recreation Council and Sport for Life promoting and supporting Physical Literacy in schools, particularly the elementary level.

In today's tech-driven world, physical activity and inclusivity are more vital than ever. Since 1986, **Omnikin** games, including **Kin-Ball**, have been pioneers in promoting cooperative play that fosters inclusion and teamwork. Join us for an engaging session where you'll explore the power of cooperative gameplay to inspire active lifestyles and boost confidence in all participants. Discover a plethora of new game ideas featuring vibrant and durable lightweight balls, ranging from 14" to 48". Experience exciting activities like the Double Circle games and the Seaweed Bulldog designed to involve everyone simultaneously, enhancing manipulation and coordination skills. Find a world where there's no room for physical barriers or exclusion, every individual is an integral part of the action. Our games are meticulously crafted to foster inclusivity and promote an active lifestyle. We firmly believe that participation and cooperation are vital components of quality physical education. You'll have the opportunity to engage in a myriad of cooperative games with the Omnikin balls, ensuring maximum student involvement.

B- Promoting Empathy and Acceptance in Middle Years Classrooms With SOGI Practices

- Robin Sutherland

Intermediate - Secondary

Inclusive Education, SEL, SOGI

Robin is a Queer and Non-Binary Teacher within the Coquitlam School District with a passion for EDI work and particularly in embracing intersectionality to create safer classrooms that celebrate and honor all students.

This workshop will delve into the benefits for all students and staff in having SOGI-inclusive school and classroom environments. It will offer both some basic education of SOGI and some practical applications of SOGI in the middle years classroom and school environment that all educators can use. Educators will walk away with a deeper understanding of 2SLGBTQIA+ identities, SOGI-inclusive practices, and resources for classroom use and further education.

CANCELLED

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B- Rethinking Collaboration in Classrooms: Introducing the Thought Partner Practice

- Jeanette Murphy & Lynda Lewis

Intermediate – Secondary

Inclusive Education

Jeanette Murphy is SD43's Coordinator for Students with Diverse Abilities. She supports schools in planning and programming for Gifted and Multi-Exceptional students. With her MEd in Educational Psychology, involvement as Vice-President in the SAGE-BC PSA, and experience as a Middle School Learning Support Teacher, Jeanette aims to provide informative and practical resources for colleagues. Lynda is grateful to work as a Mentor Support Teacher in SD43, living and working on the traditional, ancestral and unceded territory of the kʷikwəłəm (Kwikwetlem First Nation). More than twenty five years of experience working in varied roles at elementary, middle, secondary and adult education have given Lynda the opportunity to reflect on how we can effectively work together for collaboration and problem solving.

“Thought Partnership is the practice of sharing ideas and experiences with others to help them navigate complex challenges. This sounds a lot like advice or mentorship, but the key difference is that Thought Partnership is mutually beneficial” (Petroni, 2015). Join us in exploring this collaboration and communication practice and learn practical ways to intentionally incorporate Thought Partnership in your classroom and school communities.

B- Rethinking Shakespeare

- Mary Hartman -Bard on the Beach Shakespeare Festival

Intermediate - Adult

English Language Arts, SEL



*** Please bring “curiosity and a sense of possibility.”***

Building on an academic foundation with training and experience as professional theatre artists, the Bard Education team delivers community programming for youth, adults, and schools. With a mission to inspire community through dynamic, engaging experiences of Shakespeare, Bard Education reaches thousands of participants aged 5 – 80+ each year, nurturing curiosity, creativity, and collaboration.

The study of Shakespeare is often burdened with outdated traditions and unhelpful assumptions. What if we could take a fresh approach to Shakespeare’s words, free from conventions, inviting instead inquiry-based, student-centred exploration? Bard on the Beach Shakespeare Festival’s Education team has created the Discovery Zone, a collection of 50+ free resources to support just this type of exploration. In this session, we’ll engage in some of our favourite activities.

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B- Screenagers: Growing Up in a Digital Age, Elementary School Edition (K-7)

- Carol Todd and Shaunna Martin

Kindergarten – Middle

APL, Digital Citizenship, Mental Health, PHE, SEL

Carol Todd is the Coordinator of Supportive Technologies and Digital Literacy/Citizenship with SD43. Carol is a strong advocate of Digital Citizenship and Online Safety with children, youth, and families. Her vast knowledge in this area allows her to share information and resources that create increased awareness and education in classrooms and in the community. Shaunna Martin is a former teacher/counsellor and is now the Coordinator for Well-Being and Positive Mental Health in SD 43.

About the documentary: This NEW version of the original Screenagers movie addresses issues that elementary school aged kids, parents and educators are facing, i.e., smartwatches in class, unhooking from and monitoring video gaming, social media pressures, exposure too young and what research shows is a healthy amount of screen time. With many solutions to these and other challenges.

B- Sharing Session to Exchange Ways to Support Striving Readers in Middle School

- Karla Allan, Brenda Kossack and Alexa Charles

Middle

Literacy, Reading

**Sponsored by
Learning Services**

Karla, Brenda & Alexa – Please bring “any routines, resources and/or activities that you have found helpful for your students in developing their reading skills.”

Alexa Charles is a Mentor Support Teacher with a focus on Literacy, Brenda Kossack is the Gr. 4- 8 Literacy Centre teacher and Karla Allan is the Coordinator of Literacy and Core Competencies. With combined experiences in classroom, learning commons and learning support roles we hope to facilitate a session that will help us all learn about ways we can support all learners to develop their reading skills.

The SD43 Literacy team is hosting a sharing session for all middle school teachers to gather to talk about what’s working around supporting striving readers in classrooms and in small group instruction around the district. Attendees will be asked to share about what they’ve been doing, what’s working and what some next steps might be to continue to support all learners. Please bring any routines, resources and/or activities that you have found helpful for your students in developing their reading skills. We look forward to connecting, sharing and learning from each other.

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B- Shift Happens! Exploring Sustainability in Class & Beyond
- Bruce Ford, Metro Vancouver School & Youth Leadership Programs

Intermediate - Secondary
Science, Social Studies

Sponsored by
metrovancouver

School Programs

Bruce is a proud husband, father, and teacher who lives, works, plays, and learns on the unceded, traditional lands of the Musqueam, Tsleil Waututh, and Squamish First Nations. Bruce brings his passion and experience as a teacher to Metro Vancouver School & Youth Leadership Programs - providing engaging teacher workshops, practical K-12 resources, and high impact field experiences to make learning local, meaningful, action-oriented, and fun!

This fun and interactive session will explore engaging strategies to make learning about sustainability real, local, relevant, and action-oriented. Explore personal and local connections to water, waste, wastewater, air quality, and climate change. Delve into place-based resources to promote CARE, competencies, including environmental and social responsibility. Take away ideas, strategies, tools, and inspiration to engage students in experiential learning - linked to place-based education and the new curriculum.

B- Silk Screening
- Jay Matte, Pressland General

Middle - Adult
Art, Textiles

Sponsored by
Visual Arts Secondary Teachers LSA



****This workshop will cost \$10/person for supplies, invoices will be sent out and must be paid before the CTA PD day. Yellow forms cannot be used for reimbursement.****

****Participants must bring a garment or special paper to screen onto****

Jay Matte is the owner of Pressland General, a general gift store and Pressland Printing, a screen-printing and apparel decoration shop located in Mission, BC. With 20 years of experience printing for his own brand Locomotive Clothing & Supply, he has also produced commercially for companies like Telus and Walmart, and public figures such as Todd Talbot and Scarlett Bobo. Jay has facilitated workshops for local middle and high schools, and The University of the Fraser Valley in Abbotsford.

The Visual Arts Secondary Teachers LSA are hosting a silk screening workshop aimed at equipping our fellow teachers with new skills. This event will provide Coquitlam educators with hands-on experience and practical knowledge in screen printing, enabling them to incorporate this art form into their curriculum, and inspire creativity and enhance artistic education in schools.

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B- Simulation Based Education in Social Studies

- Paul Aitken and Paul Chaffee

Middle - Secondary

Social Studies



School District No. 43 (Coquitlam)
Learning for a Lifetime

Paul & Paul – Please bring “a laptop as well as a positive attitude as this will involve some participation in small versions of the simulations.”

Paul Chaffee and Paul Aitken are both Social Studies teachers at Heritage Woods Secondary and have had success integrating simulation based activities into their practice in Social Studies 9/10, History 12, Law 12 and Political Studies 12.

This workshop will be about integrating simulation based activities such as Civic Mirror, Mock Parliament, Mock Trials and other simulations into your practice to enhance student understanding of the Social Studies curriculum at various levels.

CANCELLED

B- Soapstone Carving

- Victoria Eftimova & Phoebe O’Shea

All ages

ADST, Visual Arts



This workshop will cost \$19/person for supplies, invoices will be sent out and must be paid before the CTA PD day. Yellow forms cannot be used for reimbursement.

Founded by Oliver Harwood, who runs one of BC’s largest carving ateliers, Studiostone Creative offers engaging stone carving workshops and DIY kits. Our skilled instructors, Victoria Eftimova and Phoebe O’Shea, bring over five years of teaching and carving expertise to ensure you create a beautiful sculpture to take home.

In our workshop sessions, you'll carve a soapstone Eagle (Session A) and a Polar Bear (Session B). Along the way, you'll discover fascinating facts about soapstone, its historical uses, and its cultural significance to the Inuit people of Canada. All tools and materials are provided—just bring your creativity! Get ready for a fun and hands-on exploration of one of the world's oldest sculpting techniques.

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B- Social Justice Through the Arts

- Sapna Daniwall - BCTF

Intermediate - Secondary
Arts, Social Justice



This interactive workshop will provide participants with an understanding of how to develop a culture of inclusivity and equity for practising in our learning spaces. Participants will develop vocabulary, especially for addressing groups, that reflects inclusion and social justice, and will learn how to engage in co-operative arts practices as a community-building tool. Relevant extensions, project ideas, and resources will also be included.

CANCELLED

B- Streamline Reporting with Office 365 Tools

- Jocelyn Deck

Middle – Adult
Teaching Skills



Jocelyn- Participants "Please bring a laptop."

Jocelyn Deck is a Home Economics and English teacher in SD 43. She has been teaching for 20 years, working with students from middle school to adult learners in both public and private schools, in 5 different countries. She is currently in the Home Economics department at Pineview Secondary.

Anecdotal reporting for multiple classes can be overwhelming! Learn how to streamline your report card writing by using easily-accessible tools like Microsoft Forms, Excel and Word. We'll review building a form, branching, using spreadsheet formulae, and creating a mail merge. Create your own comment bank using leveled competency language while also allowing for personalized observations and student reflection--all in one place! Participants should bring their own laptop.

CANCELLED

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B- Supporting (Mental) Health for You and Your Students Using Indigenous Methods

- Danielle Kraichy & Jessica Bell

Middle - Adult

Core Competencies, Indigenous Education, SEL

Danielle is Red River Métis from Treaty 1 Territory and is in her 5th year of teaching. She was previously an Indigenous Youth Worker in the District and has worked in middle schools and high schools. Jessica is Nak'azdli Whut'en and Settler. She is in her 18th year of teaching in the Coquitlam School District and has worked at various grade levels and subject areas.

By using the medicine wheel, an Indigenous tool used for wellbeing and many other important cultural practices, Jessica Bell and Danielle Kraichy will guide educators in ways they can support their students' and their own mental (and holistic) health. The Medicine Wheel is connected to multiple Indigenous groups, including the Anishinaabe, Blackfoot and Cree, and educators will be learning practical tools for wellbeing through experiential activities and ready to go resources.

B- Supporting SEL and Building Student Confidence in Mathematics

- Kiren Chand & Adi Aharon

Intermediate – Secondary

Inclusive Education, Math, SEL

With over 20 years of experience, Kiren Chand has taught core math to grades 6-8 students, led targeted pull-out programs as an LST, and helped at-risk students in a behavior support program to improve math skills, confidence, and engagement.

Adi Aharon, an educator with 15+ years of experience, uses technology and inclusive practices to support diverse middle school math learners. Her journey proves that meaningful math teaching doesn't require a traditional math background.

A sense of belief and belonging are critical to success in any math class. Through hands on activities, take home resources, and demonstrations, we will share structures, games, and routines to increase student engagement. Creating a learning environment where students feel comfortable taking mathematical risks while building confidence and having fun is essential. We will utilize simple, easy to incorporate strategies to promote inclusion, growth mindset, accessibility and participation in your math class.

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B- Tropical Terrarium

- Jennifer Swann & Rebecca Iwata

Secondary - Adult

Environmental Science

GARDENWORKS

This workshop will be \$60 per participant, invoices will be sent out and must be paid before the PD day. Yellow forms cannot be used for reimbursement.

Jennifer & Rebecca – Please bring “garden gloves if desired and your enthusiasm!”

Jennifer and Rebecca extend their passion for creating beauty with plants by curating and leading engaging botanical workshops within Gardenworks. With over 70 years combined experience and presentation skills, they have created a vibrant learning environment within the store. Empowering attendees with hands-on experiences and valuable insights into plant knowledge, care, design, and environmental sustainability. Their commitment to education echoes their belief that sharing the joy of gardening and cultivating a deeper appreciation for plants and botanical designs.

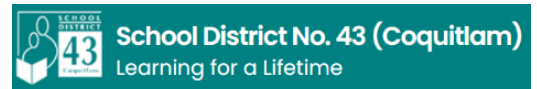
In this tropical terrarium hands-on workshop, participants will create their own unique terrarium, learn about the basics of terrarium planting and care, and obtain valuable knowledge and tips and techniques to ensure a thriving environment for the plant's success.

B- Understanding Racism and Implementation of Anti-racism Education

- Paul Zhao

Kindergarten - Secondary

Inclusive Education



Paul Zhao is a Math and Mandarin teacher at Terry Fox Secondary. He is a former international student from China. He is currently pursuing a Master of Education degree at UBC. From one of the courses at UBC he learned valuable knowledge about anti-racism education and would like to share the knowledge he learned with colleagues.

This workshop will be giving a full overview of understanding racism and will share potential ways to create an anti-racism culture in schools.

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Sponsored by

CUE43 LSA

B- Using Canva for Education in the Classroom

- Kyle Ekeli & Simon Kwok

All Levels

Cross-Curricular



School District No. 43 (Coquitlam)
Learning for a Lifetime

Kyle & Simon- Please bring “a laptop with an internet connection, or a mobile device (phone/iPad) with an internet connection and the Canva app installed. Preferable to have a Canva for Education account created prior to workshop.”

Kyle has been a grade 4/5 Teacher for 7 years. Currently working at Aspenwood Elementary. He has a passion for Digital Literacy and helping others incorporate it into their classroom teaching. Simon has been teaching in SD43 for 16 years. Currently a Library Learning Commons teacher at Eagle Mountain Middle School where he also teaches Digital Literacy. He loves to explore tech that enriches teaching and learning experiences.

Teachers will be shown how to use Canva, create a classroom Canva account, and some best tips and practices. Teachers will walk away with the ability to use Canva for themselves, and some practices for using Canva with students.

B- Vocabulary Games for Every Subject: Hands-On with Knoword

- Trevor Blades - Knoword



Intermediate – Secondary

Technology

Trevor - Participants are encouraged to bring “a laptop or tablet to fully engage in the hands-on activities during the workshop.”

Trevor Blades is the creator of Knoword. For the past 12 years, he's been building educational websites, including Pollenize, a platform focused on making election education more approachable. Before Knoword, Trevor worked as a software engineer in the aerospace and tech industries. Outside of work, he's an avid runner, always looking for new routes and challenges in the beautiful landscapes around him.

Discover how Knoword, a free online game, makes learning vocabulary engaging across all subjects. In this hands-on workshop, teachers will learn to create custom vocabulary lists, adjust game settings, and track student progress. You'll also see how Knoword's printable worksheets support offline learning. Walk away with practical tools to make vocabulary games a valuable part of any lesson, helping students master essential terminology in a fun, interactive way.

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B- We Are Not Alone – How Can We Use Collaborative Planning to Empower Ourselves and Our Colleagues

- Kelly Denholme, Bel Brant, and Mike Matak

Middle

Student Learning, Teacher Well-Being

Bel, Kelly and Mike all currently teach at Citadel Middle. Collectively they have over 50 years of classroom teaching experience, mostly at the middle school level. They have worked at 10 different middle schools and experienced collaboration on a variety of teams all with their own nuances. Along with being a classroom teacher, Bel has worked supporting teacher candidates at UBC as a faculty associate and is a seasoned academic team leader. Kelly also brings team leader experience to the table both as an academic team leader and from school-wide team leader positions (including numeracy and advisory). Mike's experience with team teaching is enhanced with his experience working with a variety of sports teams, most notably through hockey. We have each benefited significantly from our experience planning and teaching collaboratively with our colleagues. Our students have benefited but more importantly, we have benefited. Our teaching lives have been enhanced and our well-being supported by not teaching in isolation.

With many external pressures and disruptions over past years, the state of collaborative teaming in our Middle schools has shifted and sometimes seems lost. Now is the time to refocus on the benefits that teaming and collaborative planning, as a foundational pillar of Middle School, can provide for both student learning and teacher well-being. Come join our conversation to explore ways we can work with colleagues to establish and support intentional collaborative planning in our middle schools.

B- What High School and Middle School Students Need to Know About Climate Change

- Dr. Tim Cooper

Middle – Adult

Science



Dr. Tim- “Nothing is required, but pen and paper might be a good idea.”

Professor Emeritus in Physics (PhD in nuclear physics), Dr. Tim has presented over 200 times on climate change over the last 21 years. He presented at our Coquitlam PD day last year for two sessions with about 20 teachers in each.

Dr. Cooper (Tim) will present a quick overview of the science; how we know what we know. What will happen in the future if the world continues with current emissions levels. This includes when we hit several of the earliest tipping points. Discussion of solutions (engineering/tech), economics and (unfortunately) politics.

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B- 'Yes, And...!' Using Improv to Build Inclusivity

- Jeff Penner – PoMo Arts



All Levels

Inclusive Education

Jeff- Please wear “clothing you’re comfortable moving around in, and a willingness to try new things.”

Jeff Penner is an improv and comedy veteran dating way back to 1999. He was part of the opening team of Second Storey Theatre in Port Coquitlam, and worked with "table23 comedy" for many years, providing improv workshops to youth and adults around the Lower Mainland. He currently leads a monthly improv drop-in for adults at PoMoArts.

Discover the power of improvisation to foster creativity, connection, and collaboration in inclusive learning environments. This interactive workshop introduces improv games and exercises designed to enhance quick thinking, build empathy, and reduce stress—all valuable tools for educators. Learn how to create a supportive space where everyone feels empowered to contribute and grow. This session will leave you with practical strategies to energize your classroom and foster a positive community, no acting experience required!

Sponsored by

B- The Young Performers Workshop Active, Positive, Educational, Insightful... Fun

-David Pavane - Evergreen Cultural Centre



All Levels

Theatre Games

David – Please bring “your creativity!”

David Pavane studied acting in New York and Los Angeles. He is a voiceover artist specializing in character and cartoon voices, as well as a singer/songwriter and multi-instrument musician. He is the creator of the Young Performers Workshop and has been teaching improv in SD43 for 20 years.

Taught by professional actor and musician David Pavane for over 20 years, the Young Performers Workshop uses improvisational theatre games and exercises to introduce students to drama and acting. As well as teaching a variety of performance techniques, the experience of acting encourages self-confidence, focus, and creating in co-operation with others.

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Session C Workshops – 9 a.m. – 2:30 p.m.

C- 3D Printing, From Design to Fabrication

- Richard Cooper



Intermediate – Secondary
STEAM

Richard- Please bring “Laptop, computer mouse (if possible), a ruler, and create an account at Tinkercad before attending this session.”

Richard is a secondary science teacher at Pinetree Secondary, he has been exploring 3d design and 3d printing for the past decade, and is always on the lookout for the next great technology trend to dive into. Come geek out with him and do some 3D designing and 3D printing!

This two-part workshop will focus on the core ideas of 3D design using **Tinkercad**. (**Attendees are requested to have created an account before arriving**, and bring a laptop & mouse if possible). We will explore the interface and dive into 3D modelling. The attendee's models will be fabricated and used as an example of different approaches to using and running 3D printers in the classroom, as well as some tips and tricks to consider when introducing students to this form of design process.

C- Contextualizing Math in the Middle Years

- Taryn Lalani



Intermediate – Middle
Inclusive Education, Mathematics

Taryn- Please bring “A laptop, notebook, and pen.”

Taryn has fifteen years experience, with a background in early learning, middle years, and inclusive education. Taryn has an inclusive and constructivist or "discovery" based approach to learning, influenced by the work of Marilyn Burns, Peter Liljedahl, Carole Fullerton, John Van de Walle, Shelley Moore, Katie Novak, and Alfie Kohn. Taryn believes that all kids benefit when we teach to diversity and promote competence in our learners.

Let's explore the importance of creating inclusive math spaces that foster collaboration, communication, problem-solving, hands-on learning, thinking, engagement, and discovery. You will come away from this workshop with some "ready to use" hands-on lessons that are rich in access points and extensions, with deep thinking tasks that allow students to construct meaning in math. We will also examine and discuss approaches to in class learning, assessment, and homework that support inclusion, diversity, and growth mindset in learners.

CANCELLED

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C- Crochet for Beginners

- Rebecca Glazier – Baaad Rabbit Fibre Arts Co.



Primary - Adult

Arts, Hands-on Learning

This workshop will be \$18 per participant, invoices will be sent out and must be paid before the day. Yellow forms cannot be used for reimbursement.

Rebecca- "All fibre arts materials and tools will be included."

Rebecca lives an all-consuming fibre arts life; co-owner of Baaad Rabbit's Fibre Arts co in New Westminster, Natural Yarn Dyer of WildWestDye, and a Knitting, Crochet and Embroidery teacher. Rebecca has always had a love for textiles and colour. Teaching people how to knit and crochet expresses one of her greatest joys; sharing her creativity and passion with people.

Crochet is an ever growing fibre art suitable for children to adults alike. Once you get the hang of the motor skills, you see results quickly. An engaging craft with limitless possibilities. During this all day workshop, in the first half you will learn how to hold the yarn and hook, chain stitch and work a double crochet. In the second half you will start your first Granny Square! Instructional handout and Granny square pattern will be provided, as well as information on online resources.

C- Disability and Neurodiversity Awareness

- Heather McCain- Live Educate Transform Society



All levels

Communication Skills, Equitable/Inclusive Education

Heather- Please bring "Curiosity."

Heather McCain (they/them) is Founder-Executive Director of Live Educate Transform Society. Heather's experiences as a disabled, neurodivergent, queer, trans person led them to become a well-known and respected advocate, educator, and speaker. Heather's proudest to be called a Crin Prouda, a community given Disability Justice term for someone who helps disabled people navigate complex systems, provide resources, support, and build community.

1st half: This workshop will provide participants an understanding of disability, current terminology, what ableism is and how to be actively anti-ableist. Also, tips for disabled people and allies to better ensure equity.

2nd half: An overview about neurodiversity and neurodivergent people. We will discuss various communication, working, learning, and interaction styles. Participants will be guided in how they can more effectively collaborate to create an environment that is conducive to all students/staff.

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C- Engaging All Learners in the Learning Library Commons

- Erin Caldwell & Susan Henderson

Primary – Adult

ELL, Inclusive Education, Library

Sponsored by

Coquitlam Teacher-Librarian
Association LSA



School District No. 43 (Coquitlam)
Learning for a Lifetime

Erin- Please bring “Bring a laptop and a favourite tip or trick or strategy to share with the group.”

Erin & Susan are both teacher-librarians in SD43. They are passionate about supporting students and staff succeed and flourish! With experience at secondary, middle & elementary, they love engaging with colleagues and sharing ideas.

This workshop will help teacher-librarians develop lessons that include all learners in the library learning commons, including activities that consider the needs of ELL students and those with learning difficulties & designations. Some activities include STEAM challenges, Zines, escape rooms, and then time to share our favourite tricks and tips in running the Library & Makerspace.

C- Olde Timey Newspapers

- Lisa Read- Focused Education Resources

Intermediate - Adult

Humanities

Sponsored by



Lisa- Attendees “Nothing is required, but they may wish to have a laptop or tablet.”

Classroom teacher, technology, coach, professional development developer, Lisa relishes any opportunity to support teachers in integrating technology into their practice and creating equitable access to digital resources for all of our students.

Find out how pro quest can open an unexpected treasure chest of historical primary source documents, as well as fabulous research tips and resources to create lasting inquiry, projects and connect authentically with academic research.

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C- Positive Behaviour Support Intervention Plans

- April Quinto, Leah Mumford, and Natalie Harder

All levels

Inclusive Education

April & Leah- Attendees please bring “pen and paper, laptops are okay too.”

April Quinto has taught at all levels in SD43 as a Learning Support Teacher, she has been a member of the Inclusion Support Team and is now the North Zone Coordinator. Leah Mumford is a School District 43 Board Certified Behaviour Analyst and has been a part of SD43 for ten years. She brings vast experience and knowledge to our district from her many years in private practice throughout the lower mainland. Natalie Harder is one of the Coquitlam Inclusion Support Team Teachers, she has taught at all levels throughout SD43 in the classroom and as a Learning Support Teacher. She has spent the last five years on the Inclusion Support Team.

This workshop will help participants understand the underlying functions of challenging behaviour, as well as develop an understanding of how behaviour is maintained by environmental factors. We will explore various methods and strategies to reduce or mitigate challenging behaviour through a deeper understanding of your students. We will explore ways to teach practical replacement behaviors and strategies that can bring a sense of calm and connection to the classroom.

C- Resources and Best Practices for Automotive Technology Training

- Terry Rueger

Secondary - Adult

Technology Education- Automotive Technology

Terry- Attendees please bring “Laptop, USB for file sharing (resources are available for participants), preferred Vehicle System Diagnostic tool & TPMS programmers (if preferred).”

45 years Red Seal licensed Automotive Service Technician. 13 years teaching. Licensed in Ontario and British Columbia. 30+ years self employed as service centre owner and consultant. Graduated University of Western Ontario, Althouse College Teacher's College. Diploma and Federally certified Immigration Consultant (no longer practicing).

All the SD43 high schools teaching automotive received 25 copies of the James Halderman 6th Edition textbooks. The 6th edition has 10 new chapters and multiple updated chapters. There are minimum 3 versions of tests per chapter, PPTs, Lesson plans, word search puzzles & tutorial video links. We will demonstrate engine & TPMS scan tools & methods to project that media onto projectors. All participants are invited to bring examples of resources to share and engage in round table discussion of best practices.

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- Drew Blaney & Terri Galligos



Drew- Participants “are welcome to bring their own drum.”

Drew: “I have composed many social songs and dances for schools within SD47, and have also attended one session with SD43, and a provincial teachers conference to share my songs with school districts around the province. I would love to bring my songs to the Coquitlam School District one more time and leave songs for staff to learn and for students to enjoy for many years.”

- Natascha Lawrence- FASD Institute

FASD Institute



Natascha- Please bring “pen, paper, favourite fidgets or learning tools.”

(Fatima) Natascha Lawrence (She/her), M.A., RCC-ACS, BCRPT-S, is a former school counsellor and trauma therapist specializing in neurodiversity, specifically FASD. She is a neurodivergent Queer disabled first-generation Canadian settler of mixed Asian ancestry. She is the co-founder of the FASD Institute and the parent of two incredible neurodivergent children, one of whom has FASD.

As an educator, I was trained and taught various curricula on regulation, mindfulness, and mental health. As a trauma therapist and school counsellor, I found that although these curricula gave important information and helpful tools, I had to make many adjustments for my students who needed this education the most. This two-part session will include didactic and experiential instruction on teaching regulation and grounding in the classroom. The activities presented will benefit all grades and students but are particularly helpful for neurodivergent students and students in crisis.

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C- Tech Ed Share

- Peter Orlandi

Middle – Secondary
Technology Education



Peter- Attendees please bring: “a coffee mug, projects, handouts, laptop, basic stationery.”

OFF-SITE SESSION: Port Moody Secondary Tech Ed Shops (basement), 300 Albert St, Port Moody, BC V3H 2M5

Peter Orlandi as well as other tech ed. teachers are happy to present tips and tricks for the tech ed. classroom. Topics may include CNC, tools, suppliers, classroom techniques, and more! Peter is part of the Tech Ed. local specialist association.

This workshop is Tech Ed. focused. Topics may include: project share, CNC demonstration, tools, techniques, suppliers, tip & tricks. This is focused on the Tech Ed. shops (wood, metal, electronics, drafting, etc.) In addition to registering on the CTA platform, please also e-mail Peter at porlandi@sd43.bc.ca.



C- Ukrainian Eggs

- Trina Munday

Intermediate – Middle
Art

This workshop will be \$5 per participant, invoices will be sent out and must be paid before the day. Please bring the below materials. Yellow forms cannot be used for reimbursement.

Trina- Attendees please bring: “An empty egg carton and an apron or old shirt is optional to protect your clothing.”

Trina Munday is a long time middle school teacher, currently working at Maillard Middle School. She enjoys sharing fun and unique art projects with her students.

Learn some traditional Ukrainian designs and spend most of the time practicing the fine art of Pysanki. You will learn to write on eggs using wax and kistkas, how to use the dyes, and how to finish your eggs. Bring an empty egg carton so you can bring home your finished eggs. A small fee of \$5.00 will cover all your supplies.

C- Understanding Youth Mental Health Challenges

- Dr. Suzanne Simpson – Daily Encounters



DAILY ENCOUNTERS

All levels

Compassionate Care, Mental Health, SEL

Dr. Suzanne- Please bring “your attentivity, engagement, dialogue, and questions.”

Dr. Suzanne Simpson is a teacher, mother, wife, speaker, and podcaster. She taught French Immersion for two decades in mainstream classrooms as well as two years in Amman, Jordan. She worked for six years at an inpatient youth psychiatric unit where she supported adapted learning and advocated for school success. Her practice and research focus on fostering connections and securely attached relationships in spaces we are empowered to create.

What did patients at an adolescent concurrent disorders unit say they needed from educators as their mental health deteriorated and substance use increased? Findings from this doctoral study use relevant research, youth dialogues, and narratives to explore how we can better foster student wellness. These lessons offer tangible ways to give more support, understanding and care to all young people. In turn, they give insight into how educators can find their own well-being in busy classroom spaces.

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Session D Local Bargaining Information –

2:45 p.m. GYM

D- Local Bargaining Information Session

- Meggan Crawford, 2nd Vice President



**Coquitlam Teachers'
Association**

CTA Members

Please register so that we have an idea of expected numbers, thank you

The CTA engaged in local bargaining in November and December of 2024 and have reached an agreement with the employer. Come and learn the details of the 2025 Local Matters Agreement, which the CTA Executive Committee is recommending for ratification. Inform yourself by attending and hearing about the proposed changes before the ratification vote in April.

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